

Dhiraj Thapa

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Compassionate and dedicated Aged Care Worker with 2 years of experience supporting elderly residents with daily living activities, personal care, and emotional support. Skilled in providing high-quality, person-centered care with empathy and respect. Experienced in working in residential facilities and home care settings, with a strong focus on promoting independence, dignity, and well-being. Holds relevant certifications in aged care and first aid, and Medication Administration License with a commitment to ongoing professional development.

Experience

2023 – PRESENT

Carer | Anglicare Newmarch House | Kingswood, NSW

Ensure the comfort and dignity of residents, while maintaining their independence as much as possible, for a well-established nursing home that delivers short/long-term care mainly to those who suffer from neurological conditions which affect the brain and worsen over time

KEY RESPONSIBILITIES

- Assist with activities of daily living, such as bathing, dressing, grooming, toileting, and mobility support.
- Administer therapeutic drugs according to prescribed schedules and dosage instructions.
- Serve nutritious meals and snacks based on dietary requirements and preferences.
- Nurture safe and environment, as well as identify and address any hazards.
- Offer emotional solace, companionship, and engaging in meaningful conversations to build trust.
- Encourage participation in social tasks, hobbies, and recreational outings to optimize mental well beings.
- Execute fall prevention strategies and techniques to minimize the risk of accidents or injuries.
- Observe vital signs and any symptoms of illness.

Skills

Software

iCareHealth, Bestmeds

Hardware

Blood Pressure Monitors, Pulse oximeter, Mobility aid machines

Education

- Certificate III in Individual Support and Disability
- Medication Administration License
- First Aid & CPR Certificate

Reference

Sushma Bista, Registered Nurse | Anglicare Newmarch House.

Email: sushabista1992@gmail.com

Samikshya Pudasaini, Registered Nurse | Anglicare Newmarch House.

Email: pudasainisamikshya091@gmail.com