

Dorcas Lusinga

Pumula North Zimbabwe

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Summary

Professionally trained health Care Assistant with experience ensuring high standards of culturally competent care for a wide variety of patients with diverse needs. A level headed health professional who remains calm and effective in extremely difficult and stressful situations. Strong belief in the importance of companionship and support in patient care. Interested in a full time role as a health care assistant in a top notch healthcare facility.

Education

University Of Tasmania - Wicking Dementia Research Education Centre

- 2024 | Certificate In The Aged Care Quality Standards Module
- 2024 | Certificate In Understanding Dementia
- 2024 | Certificate In Prevention Of Dementia
- 2024 | Certificate In Understanding Traumatic Brain Injury

Florence Academy

- 2022 | Certificate In Caregiving (15 UK Standards Of Care)

Chilton

- 2022 | Certificate In Elderly Care, First Aid And CPR

Ekuphumuleni Geriatric Nursing Home

- 2005 | Geriatric Care Aid Training Course

Experience

Eastlands Mature Lifestyle Care Vita

Mar 2024 - Current | Voluntary Caregiver

Providing in home care 5 days a week for residents including moderate support for ADLs.

Assisting with medications, dressing changes and transferring residents from chair to bed.

Responding to the physical, emotional and developmental needs of the residents with a caring attitude that aids in building trust.

Engaging residents and their families and developing trust, achieving a 97% patient satisfaction score for the office.

Updating documentation and reports detailing patient activities, care actions and hospital determination.

Eventide Old Age Home: South African Red Cross Society

Nov 2022 - Aug 2023 | Care Assistant

Assisted an average of 20 residents with ADLs including personal hygiene and nutrition.

Followed best practices for patient care and home regulations, ensuring safety with 0 incidents.

Responded caringly to the physical, emotional and developmental needs of geriatric patients.

Promoted client engagement in tailored activities, increasing their physical activity by 30%.

Documented patient's behaviour and ADLs recording notes in the EMR.

Ekuphumuleni Geriatric Home

July 2005 - Dec 2007 | Care Assistant

Refined performing household tasks such as laundry, dusting, washing dishes and vacuuming.

Boosted patients mentally by conversing and reading aloud to them.

Assisted patients with daily living needs including bathing and personal grooming to maintain self esteem and general wellness.

Skills

Nursing home
Administering medication
Elderly care
Personal Care
Learning Disabilities Dementia
Residential Care
Person centred care
Elder Care
Palliative care
Dressing
Disability careDomestic care
Social care
Home care
Epilepsy
Personal Care Assistance

References

Available upon request

Languages

English and IsiNdebele