

# ALLYMOL THANKACHAN

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📍 Vazhakuzha (H) Chempenthotty (P)  
O) Karayathumchal Kannur Kerala, Pin: 670631



## CAREER OBJECTIVE

To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.

## EDUCATION

**St. Joseph's College, Pilathara, Kannur, Kerala, India.**

2019-2021

Master of Social work-Kannur University

OGPA: 84.7%

**Government College Kodenchery, Kozhikode, Kerala, India.**

2017-2019

Bachelor of Commerce-Calicut University

CGPA: 73.30%

**Nirmala Higher Secondary School, Chemperi.**

2016

Plus two -Board of Higher Secondary Examination, Kerala

89%

**Nirmala Higher Secondary School, Chemperi.**

2014

SSLC-Board of Public Examination- Kerala

80%

## PERSONAL DETAILS

Date of Birth : 30/12/1998

Marital Status : Single

Nationality : Indian

## WORK EXPERIENCE

Currently working as a rehabilitation counsellor at Richmond Fellowship Society, Asha Halfway home, Bangalore, Karnataka. (from January 3rd 2022).

The duties include,

Provide patient care and living assistance.

Develop treatment plans.

Monitor the physical and mental health of patients.

Lead therapy sessions.

Keep accurate patient records.

## FIELD WORK EXPERIENCE

### **Government Tribal Speciality Hospital, Kottathara, Attapadi**

*29/7/2021 - 24/8/2021*

Internship program as Medical Social worker

As per the Fieldwork curriculum of Kannur University, I have worked 25 days of internship program in the Government Tribal Speciality Hospital Kottathara, Attapadi.

### **Maxmind Rehabilitation Centre, Aravanchal**

*03/12/2020 - 31/12/2020*

Field work as Psychiatric Social Worker

As per the Fieldwork curriculum of Kannur University, I have 25 days of field work practice at Maxmind Rehabilitation Centre, Aravanchal.

### **District Mental Health Mission, Kannur**

*27/9/2020 - 5/11/2020*

Field work as Psycho Social Supporter

As per the field work curriculum, I have worked under the DMHP for providing psycho social support through telecounselling in the covid scenario.

### **Kudumbasree Mission, Kannur**

*15/11/2019 - 27/01/2020*

Community social worker at Aralam farm

As per the Fieldwork curriculum I have been worked at Kudumbasree Mission, Kannur. And they posted at the Aralam farm for the field work practice.

## SKILLS

Organising, Documenting, Observation and Team building.

## LANGUAGES

English and Malayalam

## HOBBIES

Listening to Music, Travelling, Paper crafts, Photography

## PROJECTS

### **A Study on Sexual Health Awareness among the Middle Adolescent Girls of Eruvessy Panchayat**

The dissertation submitted at Post graduation level.

## ACHIEVEMENTS & AWARDS

Participant of Basic Life Support Training conducted by Attapadi Block Panchayat, Govt Tribal Speciality Hospital, Kottathara in 18/8/2021.

Organiser and participant "Avancer" of three days webinar on "Strengthening psychosocial support system to combat the mental health issues of COVID19" conducted by Department of Social Work, St. Josephs College, Pilathara, Kannur in 03/09/2020 to 5/9/2020.

Participant of "Dyuthi 2020" National Seminar conducted by Rajagiri college of social sciences on "Migration and Social Inclusion: Perspectives for Human Rights and Social work Practice" 09/01/2020 to 10/01/2020.

Participant of "Avancer" National seminar conducted by St. Josephs College, Pilathara, Kannur on "Gender Equality: Issues and Concerns" in 13/02/2020.

Participant in State level webinar on "women rights protection of women from domestic violence act 2005" conducted by AADI in association with LOKMANCH partners Attapadi on 23/09/2020.

Participant of online webinar on "Foundations of transactional analysis" conducted by Department of social work and IQAC & St. Josephs college Pilathara, Kannur, in 21/09/2020.

## **VOLUNTEERSHIP**

Worked as a volunteer under the National Health Mission in Covid care Activities at Thaliparamb Thaluk Hospital, Kannur from 06/07/2020 to 11/07/2020

Worked as a Survey Volunteer under the Kerala State Literacy Mission Authority in the "Adisree" Aralam farm continued education programme in November 2019.

## **AREAS OF INTEREST**

Volunteer work, Women and children, Coordinating Events

## **STRENGTHS**

Hardworking, Dedicated, Team co-ordination, and having international license.

## **REFERENCE**

**Tomy Jacob - "St. Josephs College, Pilathara, Kannur"**

Former HOD of St. Josephs College, Pilathara

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## **DECLARATION**

I hereby declare that the above mentioned information are true to best of my knowledge and belief.