

PRATIVA KATTEL PAUDEL

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Oran Park, NSW 2570

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Career Objectives:

I am a responsible and experienced care service employee with the great ability to provide nursing care, work under pressure and busy environment, to take responsibility, knowledge of manual handling, advance technology, flexible and knee, seeking for a challenging position in the field of the aged care. I have a sound computer and communication skills as well as knowledge of infection control standards, donning and doffing off PPE and hand hygiene and I am a Register nurse from Nepal.

Education and Certification:

Assistant in Nursing: Certificate 3(NVQ in Health Social care, level - 3)

(UK Collage of Business and Computing,2009-2010)

Proficiency Certificate level in Nursing

(Green Tara Nursing Campus, 2005-2008)

Experience:

Bupa Aged Care, NSW, Clemton Park

Care Service Employee (14th June 2017 till date)

Job description:

- . Providing medications and meal supplements to the residents as needed.
- . Taking and recording residents OBS (Bp, temperature, respiration, pulse, saturation).
- . Maintaining a clean and safe working environment with good practice of hand hygiene and donning and doffing off PPE.
- . Reported the status of residents to the senior RN by spending maximum time in the room with them.
- . Provided nursing and nursing related services to residents.
- . Maintained home like environment for the residents.
- . Maintaining electronic documentation.
- . Protected and promoted resident rights and assisted the person to maintain independence.
- . Provided routine care to the residents.
- . Maintained the room neat and clean.

- . Write the report at the end of each shift.

Opal Aged Care, NSW

Care Service Employee (23rd May 2016 - 8th August 2019)

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- . Reported the status of residents to the senior RN by spending maximum time in the room with them.
- . Provided nursing and nursing related services to residents.
- . Maintained home like environment for the residents.
- . Maintaining electronic documentation.
- . Protected and promoted resident rights and assisted the person to maintain independence.
- . Provided routine care to the residents.
- . Maintained the room neat and clean.
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Koshish National Mental Health Self-Help Organization, Nepal

Staff Nurse, Mental Health (April 2013- December 2013)

Activities Carried:

- . Provided nursing care in accordance with Mental health care policies and procedures.
- . Assisted patients with bathing, dressing, hygiene, and grooming in accordance with established care plan.
- . Measured and recorded patient`s fluid intake and output.
- . Serving food and aiding assistance for feeding.
- . Provided medication.
- . Assisted doctor by providing the accurate information of patients.
- . Reported vital signs and any behavior changes to doctor and maintained day- to- day report of patients as per the care plan.

Manipal Teaching Hospital, Pokhara, Nepal

Staff Nurse (July 2012- September 2012)

Wexford House Aged Care, Worthing, United Kingdom

Health Care Assistant (January 2010- February 2012)

National Kidney Centre, Kathmandu, Nepal

Dialysis staff Nurse (November 2008- October 2009)

Additional Skills:

- . Very active and responsible regarding the patient`s health and care.
- . Great ability to demonstrate and communicate with the patients and families.

- . In-depth knowledge of the medical terminology, therapies and precautions.
- . Know the working with advance and new tech equipment.
- . Have knowledge of the federal and state laws regarding patient.
- . Good knowledge of Microsoft office, e-mail and internet.

English Proficiency:

Overall Band Scores 6 in IELTS.

Reference:

Ying Chen Amy

(Registered Nurse) Contact:

Bupa aged care, Clemtown Park