

NARAYAN KANDEL

Hardworking employee with experience in fast-paced kitchens. Dynamic team player with strong attention to detail and good work ethic. Fast learner consistently meets deadlines without sacrificing quality. Highly motivated Dishwasher with experience working closely with other kitchen staff. consistently keeps up with fast-paced institutional kitchen workload. Superior work ethic and willingness to meet demand during busiest hours. I emphasise on the importance of SAFETY.

Contact

Phone

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Email

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Address

221 Argyle Street, Moss Vale NSW

Education

2023 - Present

Master in Professional Accounting

2014-2018

Bachelor Of Business Studies

Tribhuvan University

Expertise

- Customer Service
- Cleaning and Hygiene
- Management Skills
- Satisfactory Works
- Critical Thinking
- Safety

Language

English

Hindi

Experience

MAR 2023 - SEP 2024

RAW & WILD Market & Cafe

Kitchen Hand/ Chef

- Keep food preparation areas clean.
- Clean Kitchen equipment and appliances.
- Clean benchtops, floors, ovens and ranges.
- Assist with food preparation.
- Throw trash out.
- retrieve food items as requested by chefs.

MAR 2023- June 2024

Moss Vale Hotel

KITCHEN HAND

- Maintained order and cleanliness of work area to conform with health codes.
- Cleaned and sterilized dishes, countertops and utensils to prevent bacteria growth.
- Peel and cut fruit and vegetable to prepare for cooking or serving
- Receive, lift, handle and store food deliveries.
- Wash dishes and pot
- Throw trashout

OCT 2023- SEP 2024

ABBAY HOUSE

Assistance In Nursing

- Assisting patients with their mobility and communication needs
- Assisting patients with their personal care needs such as showering, toileting, shaving, oral hygiene, dressing and eating.
- Observing and reporting changes in patients' condition
- Assisting with rehabilitation exercises, basic treatment and delivering medications
- Building effective relationships with patients through clear communication and empathy.

Reference

AMRITA SHRESTHA

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DIPSAN SHAH

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