

# COURTNEY ARENA

---

## REGISTERED NURSE

### CONTACT

222 south cct  
Oran Park 2570  
0405350654

Courtneyjanekoopmans@gmail.  
com

- **Australian college of nursing AIN 2006**
  - **Bachelor of nursing from Western Sydney University 2009**
- 

### EXPERIENCE

- AIN at Principal health care 2008-2010
  - Registered nurse at Mt Druitt Emergency 2010 – ongoing
  - Triage and resus certified
  - Worked as a Team leader within the Emergency Department
  - Pediatric nursing and aged care nursing experience
  - Advanced life support certified
  - Standard 4 medication safety Auditor for Mt Druitt Hospital ED
- 

### COMMUNICATION

I have effective verbal, non-verbal and written communications skills with patients, carers and other healthcare professionals. My 13 years of experience as a Registered Nurse have allowed me to develop these skills. I always strive to show compassion and empathy with my patients.

---

### REFERENCES

Stephanie Foster / Clinical Nurse Specialist at Western Sydney Health  
Stephanie.foster@health.nsw.gov.au  
Phone Number: 0424797714

Alexandra Frost /Clinical Nurse unit Manager at Western Sydney Health  
[Alexandra.frost@health.nsw.gov.au](mailto:Alexandra.frost@health.nsw.gov.au)  
Phone Number: 0408118017

### LEADERSHIP

I have developed promising leadership skills while working as a team leader and while acting as a senior nurse within the Emergency setting. I have also shown strong leadership skills as the MET / ALS nurse in charge while on shift. I also find it very rewarding to teach and train the junior nurses and New Graduate Nurses as a preceptor.