

Corazon Roche

PERSONAL CARE WORKER

Randwick, NSW | 0421 454978 | mogello@outlook.com

Objectives

To leverage my expertise in providing exceptional personal care and my passion for enhancing the well-being of the elderly in a professional role that allows me to make a meaningful impact. Combining strong communication skills, cultural awareness, and empathetic service, I aim to contribute to a team dedicated to delivering excellence in individual support and care.

Experience

Personal Care Assistant - Singleton Community Aged Care, WA **2024-2025**

- Assisted residents with activities of daily living, including personal hygiene
- Supported residents in managing their behaviors through compassionate and patient care
- Facilitated residents' engagement in social and recreational activities
- Ensured the accurate completion of all documentation and assessments by the end of each shift
- Engaged in respectful and dignified conversations with residents, their families and friends

Care Worker – Cork, Ireland **2021-2023**

- Provided compassionate care and assistance to individuals
- Assisted clients with daily living activities, including bathing, dressing, and meal preparation
- Maintained a safe and clean environment, adhering to health and safety guidelines
- Monitored and documented changes in clients' health and behavior
- Delivered exceptional service, ensuring the dignity and privacy of all clients.

Education

Negros Oriental State University, BS in Industrial Education **2004**

Northridge House Education and Research Center, Ireland **2022**
QQI level V - Care of the Older Person

Insight Training Rockingham, WA **2024**
Certificate III in Individual Support (Ageing)

Skills & abilities

- Compassion and Empathy
- Problem solving
- Effective Communication
- Time management
- Health and Safety Knowledge