

Ruquaiya Darif

High School Student

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Moss Vale, NSW
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OBJECTIVE

My objective for this job is to save up for my future so I can have a little bit of money to lean on when I leave high school and it will also help me with my university courses and the payments for my courses.

I can work after school for a 4pm start

Monday, Tuesday, Wednesday, and Friday I am available in the afternoon

I do have a current job, Prouds at Mittagong.

I work Thursday and the weekend, on the weekend I can only work after 6pm.

EXPERIENCE

I have volunteered at the school canteen and have also volunteered at Bambinos to help take care of kids.

I have worked at Prouds the Jeweller and have picked up some great skills in interacting with people.

I am currently in my second year of my AIN course.

I have completed my placements at Bowral Hospital where I have acquired a new set of skills for my nursing career.

EDUCATION

Mittagong Public school - K to 6

2011 - 2017

Primary education

Bowral High School, 2018 - 2023 - Year 12

I am still attending school and I am looking to go to university after high school and be a nurse.

I was a part of the SRC school Representative Council for our school.

I am now a Prefect of Bowral High School.

Ain; certificate III course; 2022 - 2023 - Year 11 - 12

REFEREES

Jace Ward, Prouds Manager

Personal Number; +61 433 228 363

Prouds Store number; (02) 4872 4803

Olivie Fitzgerald, Nurse Educator

Personal Phone Number; +61 476884252

Email; oliviamaria.fitzgerald@health.nsw.gov.au

SKILLS

I am very charismatic and I love to get involved with a new work environment and meeting new people. I am very cooperative and I pick up on things quite quickly. I am always willing to learn new things during work.

I have pick up a few new skill set from AIN course I am able to;

- showering, bathing, sponging
- Repositioning, pressure area and skin care
- hair washing, shaving
- mouth and denture care
- eye and ear care
- assistance with toileting
- provision, removal and cleaning of bedpans and urinals
- general ward ambulation and support mobilization as per plan of care
- reinforce instructions on use of aids for mobility or care as detailed in plan of care, where appropriate
- assist with positioning, posture maintenance and comfort
- observe and report patient completion of and performance of tasks in line with care plan
- set up and assistance with patient meals and fluids for assessed low risk patients
- application of anti thromboembolic stockings
- simple wound dressings
- patient weighing and specific measurements
- specific patient observations

I have gotten all required vaccinations, and have completed my first aid course.

