

## Esperance Mukeshimana

Phone: 0406666820 | erugina21@icloud.com | St Marys, NSW 2760

### SUMMARY

Compassionate and dedicated Disability Support Worker with two years of experience providing care and assistance to individuals with physical and mental health challenges. Recently I completed a Diploma in Community Services, expanding expertise in providing comprehensive care and support. Committed to promoting independence and improving the quality of life for people.

### SKILLS

- Personal care assistance
- First aid and CPR
- Domestic assistance
- Medication management
- Effective communication
- Teamwork and collaboration
- Observation and attention to detail
- Time management and organization
- Record management
- Safe chemical handling
- Community service coordination
- Case management
- Client advocacy

### EXPERIENCE

**TVM Health care , Greenfield park NSW 2176.      January 2024 - present**  
**Disability Support worker**

- Supporting clients with daily routines, including personal care, supervision, and social support.
- Maintaining accurate progress notes and incident reports during shifts.
- Communicating effectively with clients, their families, and support staff to ensure individual needs and goals are met.
- Administering medications in compliance with health guidelines.
- Adhering to health and safety protocols, identifying and reporting hazards to ensure a safe environment.
- Promoting clients' independence and personal development by engaging them in community activities.

**North Hills Nursing Homes,Pittsburgh USA.      Feb 2023 -Nov 2023**  
**Caregiver**

- Assisted residents with their daily activities including bathing, dressing up, meal serving and attending their fun and group activities.

- Assisted residents with their personal care including feeding and administering medications.
- Monitored residents physical and emotional well being and report changes to health care professionals

## **EDUCATION**

- Diploma in Community Services

## **CERTIFICATIONS AND TRAININGS**

- Certificate III in Individual Support ( Disability& Aged Care)
- Statement of Attainment in working with Mental Health Issues Certificate
- First Aid and CPR Certificate
- NDIS Worker Orientation Module Certificate

## **SECURITY CHECKS**

- NDIS worker Screening Check
- Working with Children Check
- Police check