## **SUMMARY**

An experienced and qualified disability / older adults support worker with excellent caring and patient personality. Well organized, punctual, a team player who is also able to work on own initiative and can lead others as well. Supports clients to live independently as possible by implementing effective programs to help develop skills and abilities that allow them to participate in their local community.

Comfortable working in one-to-onesituations with people of varying levels of disability and all ages. Seeking a role with a quality support provider where I can continue to help people reach their potential and lead fulfilled lives. Also, an experienced individual in supporting and caring older adults as I have first hand experience with my grandfather and father in helping them on their daily activities. With more than 4 years experienced I have gained a lot of skills and knowledge that can be beneficial to others.

#### **OBJECTIVE**

Seeking a permanent position as a Care Worker for older adults and person with disability to maximize the skills and knowledge I have acquired in my study.

#### SKILLS

- Advanced knowledge in Microsoft Excel
- Exceptional eye for detail
- Customer serviceVerbal & Written
- Communication
- Problem Solving
- Ability to work under pressure
- 4 Multi-tasker
- Manual labor
- 4 Grooming
- Feeding
- 4 Medical Assistance
- Clinical Skills
- Compassion and empathy
- Domestic Assistance
- Knowledge in Manual Handling

## **ADDITIONAL INFORMATION**

- Completed Manual Handling Training
- Have a valid Working with Children's Check
- Have a valid First Aid Certificate, CPR and providing basic emergency life support.
- Completed Covid-19 Training by Department of Health

# **CHARLENE TAGUDAR**

# CONTACT

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# **EDUCATION**

#### Nurse Training Australia

May 2020 – October 2020 Certificate III of Individual Support (Ageing and Disability) Relevant Coursework: Performing Activities of Daily Living (ADL), provides support to the resident's/patient's physical, spiritual, social, and cultural needs

#### WORK EXPERIENCE

#### Carer / AIN

Anglicare – Newmarch House (Kingswood) New South Wales December 15 2021 - Present (Anglicare, Kings)

December 15, 2021 - Present (Anglicare, Kingswood)

- Provide personal care to residents by assisting in showering, dressing, eating, and other care needed by the residents.
- Provide companionship to residents in dementia area.
- Provide resident live their chosen daily life.

#### Carer / AIN (Anglicare)

Your Nurse Australia

New South Wales July 7, 2021 – October 3, 2021 (Anglicare, Rooty Hill)

October 5, 2021 – December 14, 2021 (Anglicare, Kingswood)

- Provide personal care to residents by assisting in showering, dressing, eating, and other care needed by the residents.
- Provide companionship to residents in dementia area.
- Provide resident live their chosen daily life.

#### Support Worker (Assistant in Nursing)

Better Treat Disability Services Pty Ltd

New South Wales

#### September 6, 2020 – May 31, 2021

- Provide personal care to a teenage boy with a Cerebral Palsy
- Using of hoist to transfer client from bed to standing frame, wheelchair, and shower chair and vice versa.
- Provide chest physiotherapy.
  - Assist RN in putting CPAP Mask, nebulizing, and suctioning client.
- Provide domestic assistance

#### Care Partner (Casual)

The Carer's Phone (Prompt Care) New South Wales

#### June 16, 2020 – June 2021

- Assists clients in domestic work e.g laundry, vacuuming, mopping, and other cleaning services
- Meal preparations.

### **REFERENCES:**

#### NewMarch House, Anglicare, Kingswood

Carina Bugnot RN 0431-583-086

#### Better Treat Disability Services Pty. Ltd

Anabelle Azazzam RN 0410-028-501