



CHAMARA SAMPATH DISSANAYAKA

PROFESSIONAL SUMMARY

Trained General Nurse, experienced in following strict care standards to help patients recover from illnesses and injuries. Expertly manages pain and symptoms with safe and optimum treatment regimens. Cares about patients and goes beyond minimums to meet individual needs. A team player with the capability to interact in a positive manner to bring everyone together, and coordinate with peers to get the job done .

CONTACT

 NO : 48 ,Thottama,Mahanagapura,
Ampara ,Sri Lanka

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SKILLS

- Basic life Support
- Clinical understanding
- Admission procedures
- Medication administration
- Patient interventions
- Phlebotomy
- Discharge procedures
- Patient clinical record management
- Infection Prevention and Control
- Data confidentiality
- Mobility assistance

ACHIEVEMENTS

- Operation Theatre Training Program
Aug,2016

LANGUAGES

Sinhala: Native language

English: Intermediate

IELTS (Academic) Overall : 6

Writing – 6.0
Listening – 7.0
Speaking – 5.5
Reading – 5.0

WORK HISTORY

Staff Nurse 08/2015 – Current
Lanka Hospitals (PLC) – Colombo, Colombo District

- Delivered exceptional care to boost patient health outcomes.
- Disposed of samples and hazardous waste to prevent infection.
- Assessed, planned and implemented treatments with precision and care, prioritizing patient wellbeing.
- Delivered consistently high standards of individualized nursing care, best maintaining patients' health and wellbeing.
- Thoroughly disinfected and correctly stored hospital equipment to safeguard health of staff and maintain order within ward.
- Prepared patients for surgery by following strict hygiene and fasting procedures.
- Safely operated hoists, wheelchairs and transfer equipment to securely maneuver patients.
- Managed patient discharges, providing relevant follow-up care advice with required prescriptions and medication.
- Monitored and recorded patient condition, carrying out and reporting regular observations.
- Administered medication in line with stringent drug regulations.
- Trained and mentored junior team members, strengthening high-functioning, efficient clinical teamwork.
- Supported physicians and consultants with tests and procedures.
- Prioritized health problems to assist patients in complex, urgent or emergency situations.
- Upheld patient trust and confidentiality by managing information with discretion, in accordance with data protection laws.
- Educated patients on good health, providing leaflets and verbal guidance on improved wellbeing measures.
- Worked closely with fellow nurses, doctors and clinicians for consistent communication and continued best care practices.
- Assisted patients with healing and recovery after surgery.
- Established positive rapport with patients and families through active listening and compassionate care.

EDUCATION

Certificate of Higher Education :

- IVQ level-2 Specialist Diploma In Healthcare, 08/2017 By **Surado Campus**, Colombo, Colombo District
- NVQ level-3 in Caregiving and Home Nursing, 02/2019 By **Sri Lanka Bureau of Foreign Employment** ,Colombo,Colombo District

Diploma: General Nursing, 07/2015

School of Nursing, Lanka Hospitals - Colombo, Colombo District, Sri Lanka

- Three Year Diploma In General Nursing
- Completed professional development in Mental Health Nursing
- Elected to President for Lanka School of Nursing Sinhala society in 2014

ACCOMPLISHMENTS

- Certificate of participation Pre-Congress Workshop on Best Practice and Safety in the Operating Theatre for Nurses Aug 2016, by College of Surgeons of Sri Lanka
- Certificate of Participation Annual Academic Sessions of the Neurosurgeons Association of Sri Lanka,Jan 2017
- Certificate of Appreciation by the Embassy of the People's Republic of China for the Contribution of 1000 Free Cataract Surgery Programme held at Lanka Hospital,Sep 2014