

	Burwood, Sydney NSW
	0405817070
	Prameelalepcha36@gmail.com

PRAMILA LAPCHA

EDUCATION AND TRAINING

High School Diploma

Shree Shanti Secondary school, Jhapa , Nepal
2017

Diploma of Nursing

chhinnamasta Educational Academy, Jhapa, Nepal
2018

Certificate IV in Ageing Support

Advance Collage, Burwood

SUMMARY

I am a highly skilled and dedicated nurse seeking a position in a health care facility that values patient-centred care and provides opportunities for professional growth.

SKILLS

- | | |
|---|--|
| <ul style="list-style-type: none"> • Patient Monitoring • Procedure Assistance • Medical Recordkeeping • Nursing Consultation • Creative Problem Solving • Patient Care Assessment • Patient Examination • Diet and Nutrition | <ul style="list-style-type: none"> • Monitoring Vital Signs • Clear Patient Communication • Care Coordination • Taking Vitals • Emotional Awareness • Medication and IV Administration • Patient Care |
|---|--|

EXPERIENCE

120 hrs placement done in
Uniting Abrina,
Ashfield, NSW

4 years experience REGISTERED NURSE

- Birta city hospital
- Peoples medical hospital
- Medilink home care
- Rong rural municipality hospital
- Manmohan memorial community hospital
- Provided compassionate and comprehensive care to patient in the Medical department.
- Assessed patient needs, prioritized treatment, maintained patient flows and assisted physicians with non-invasive procedures.
- Administered medications and treatments, monitoring patients for reactions and side effects.
- Recorded patient condition, vital signs, recovery progress and medication side effects.
- Monitored and managed various treatment and care interventions.
- Advocated for patients by supporting and respecting basic rights, values and beliefs.
- Updated charts throughout shifts with current, accurate information to maintain strict recordkeeping standards.
- Provided patient and family health education focusing on self-management, prevention and wellness.
- Assessed and prepared patients for procedures, performing initial and ongoing patient assessments.

- Collected lab specimens, ordering and interpreting diagnostic tests and lab results.
- Collaborated with doctors to plan post-treatment home care.

CERTIFIED NURSING ASSISTANT IN TRAINING

Uniting Aboriginal and Torres Strait Islander Health, NSW

- Complete 120 hours of placement.
- Delivered nursing-related services under supervision of Registered Nurse.
- Guided individuals to bathrooms and cared for incontinence needs.
- Maintained homelike environment for residents to support plan of care.
- Recognized and reported abnormalities or changes in patients' health status to nursing staff.
- Planned, prepared and served meals and snacks according to prescribed diets.
- Ambulated patients with appropriate assistive devices and in line with proper body mechanics.

REFERENCES

References:

- Name: David

Designation: Assistant In Nursing

Company: Constitution Hill Aged Care

Phone Number: 0452003044

Email: armandomoktan@gmail.com

- Name: yunisha maharjan

Phone Number: 0452596212

Designation: Registered Nurse

Company: KA aged care

LANGUAGES

English:



Full Professional

Nepali:



Native/ Bilingual

Hindi:



Full Professional