

ANISH PRASAD PANDEY

Personal Details

Date of Birth: 07 May 1995
Nationality: Nepalese
Address: Unit 11/5-7 Beresford Road, Strathfield, 2135
Contact Details: +61 0406203502
E-Mail: anishpandey2065@gmail.com

Application Details

Applying for: AIN/ Care worker

Education and qualifications:

- Certificate IV in Ageing Support from Aussie Globe Education & Migration.
- 120 hours of Aged Care placement completed at RFBI Concord Community Village.
- Masters in Business Administration at TIIS, Sydney.
- Bachelors in Hotel Management (BHM) graduate from Nepal Academy of Tourism & Hotel Management, Kathmandu, Nepal.

Licenses and other clearance documents:

- Working with children check
- Valid NSW provisional driving license (P1)
- Criminal history check as of 14/06/2024
- Fully vaccinated for Covid-19 (3 doses)
- Last Influenza (Flu) vaccination taken on 12/06/2024
- I do not possess NDIS workers screening check, however I am willing to take one if required by the job.

Previous Work Experiences:

- 120 hours of Aged Care placement completed at RFBI Concord Community Village.

I was working in the Hospitality industry as Guest Relations Officer, previously.

- 1.5 Years at 202 Elizabeth Hotel, Surry Hills, Sydney
- 6 months at Four Points by Sheraton, Chippendale, Sydney
- 2 Years at Hotel Himalaya, Kupandole, Nepal
- 6 Months at Hotel Marshyangdi, Kathmandu, Nepal

Certifications:

- CPR and First Aid certificate
- Manual handling course (class attended- certificate yet to be received)
- Basics of infection prevention and control in aged care
- 'Quality, Safety and You' - NDIS Worker Orientation Module
- New Worker NDIS Induction Module
- Supporting Effective Communication Module
- Supporting Safe and Enjoyable Meals

Competencies:

- Sound communication skills in Nepali, English and Hindi.
- Empathy and compassion to connect with and support elderly clients.
- Patience in handling slow-paced tasks and repetitive activities.
- Clear and respectful communication with clients, families, and team members.
- Physical stamina for tasks like lifting and mobility assist to clients.
- Keen observation to notice any changes in clients' health or mood.
- Problem-solving abilities for quick thinking during emergencies.
- Cultural sensitivity to respect diverse backgrounds and beliefs.
- Efficient time management to perform and attend multiple tasks or clients.
- Basic healthcare knowledge, including first aid and medical terminology.
- Professionalism and adherence to ethical standards in care.

I'm confident in the following tasks:

- **Assistance with Mobility:** Helping residents move around, including transferring from bed to chair, or assisting with walking.
- **Bathing and Hygiene:** Aiding with bed baths, showers, or sponge baths, and ensuring general hygiene is maintained.
- **Dressing and Grooming:** Helping residents get dressed and undressed, including assistance with buttons, zippers, and choosing appropriate clothing.
- **Toileting and Incontinence Care:** Assisting with using the toilet, including help with getting to and from the toilet, and changing pads.
- **Oral Care:** Assisting with dental hygiene, including brushing teeth and denture care.
- **Hair Care:** Helping with combing, brushing, or styling hair.
- **Skin Care:** Applying lotions or creams as needed to maintain skin health and prevent bedsores.
- **Feeding:** Assisting with eating, including preparing meals according to dietary needs, cutting food into small pieces, or feeding if necessary.

- **Nail Care:** Assisting with basic nail care, such as clipping nails, to maintain hygiene and prevent scratches or infections.
- **Emotional and Social Support:** Being respectful, friendly and supportive to clients, and team members at all times.

Language Skills

Proficiency Level	Reading	Writing	Listening	Speaking
• English	Advance	Advance	Advance	Advance
• Nepali	Advance	Advance	Advance	Advance
• Hindi	Intermediate	Intermediate	Advance	Advance

Computer proficiency

- Microsoft office (Word, Excel and Power point) and basic knowledge about hardware.
- Basic knowledge to operate scanner, fax and E-mail.
- Creating and maintaining databases using Excel and Google sheets.
- Google suite experience.

References:

Elizabeth Morgan
Lifestyle Supervisor at RFBI Concord Community Village
Mobile: +61 450 789 881
Email: emorgan@rfbi.com.au

Shayal Devi
Registered Nurse at RFBI Concord Community Village
Email: shayaldevi95@gmail.com

Nisha Timsina (CSE/Medicator)
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Rajan Khatiwada
AussieGlobe Education
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I have inserted a copy of recommendation letter from the Lifestyle supervisor at RFBI Concord Community Village in the page below for your reference.

Friday 19th July

To whom it may concern

I write in reference to Anish Prasad Pandey and his work in the Dementia unit. He has attended to residents in an empathic sensitive manner and has built an important connection with residents who exhibit behavioural tendencies, as well as other residents in care that he has built a rapport with.

He asks questions that are necessary to understanding individual needs of the residents and is ready and willing to learn new ways to assist residents in their care needs. His sensitive manner assists in making the environment calm and supportive. His attention to detail is observed in the way he attends to his tasks at hand. His involvement with the residents is observed in his validation of their stories and listens with attentive ears.

I have no problem in recommending Anish for any position within Aged Care as I believe he is of great benefit to any organisation. He is an exemplary student who has shown good common sense in many areas, others may struggle with.

Regards

Elizabeth Morgan (Lifestyle Supervisor) 0450 789 881
RFBI Concord Community Village

Declaration:

I hereby declare the information provided are correct and true to my knowledge. Any fraud/ false information provided may end up ruining my accountability/ trustworthiness.

Thank You,
Anish Prasad Pandey