

# CYNDI KERR

Woy Woy, NSW 2256  
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## PROFESSIONAL SUMMARY

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Gentle caring AIN with over 6 years of experience supporting elderly and ill patients in care facilities and at home. Proficient in assisting patients with general daily activities such as bathing, toileting and dispensing medications. Kind and compassionate individual who is qualified and confident into administering first aid and CPR.

## SKILLS

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**Friendly, Positive Attitude**

**Patient Care**

**Meal Preparation**

**Patient transportation**

**Medication Administration**

**Compassionate Caregiving**

**Emotional Support**

**First aid and safety**

## WORK HISTORY

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02/2024 to Current

**AIN/CSE**

**Peninsula Villages** – Umina Beach, NSW

- Self-motivated, with a strong sense of personal responsibility.
- Worked effectively in fast-paced environments.
- Skilled at working independently and collaboratively in a team environment.
- Proven ability to learn quickly and adapt to new situations.
- Remained calm during high-stress, critical situations, demonstrating sustained focus and problem-solving in real-time.
- Promoted a safe and comfortable healing environment by addressing patient concerns promptly and professionally.
- Assisted patients in performance of routine recovery and mobility exercises, providing support when getting in and out of bed as well as walking and stretching.
- Administered medication as directed by physician.

06/2023 to 11/2023

**Home Care Giver**

**Australian Unity** – Central Coast, NSW

- Assisted patients with personal requirements for housekeeping and grooming assistance.
- Assisted patients with dressing, grooming and feeding needs, helping to overcome, and adapt to mobility restrictions.
- Assisted patients with handling daily chores and errands by transporting to appointments, cleaning personal spaces, and purchasing supplies.
- Provided patients with assistance in completing daily tasks, reducing daily burden on family members.

- Enhanced patient comfort by providing compassionate and attentive care tailored to individual needs.

03/2016 to 11/2022 **Home Care Caregiver**

**Home Instead Senior Care – Central Coast, NSW**

- Provided companionship to patients, fostering positive relationships and emotional wellbeing.
- Assisted patients with daily living activities, promoting independence and quality of life.
- Performed light housekeeping tasks as needed, creating a clean and comfortable environment for patients to thrive in.
- Managed patient appointments and transportation needs, ensuring punctual arrival at medical visits and other engagements.
- Performed light housekeeping duties to maintain cleanliness standards while respecting the patient's personal space.