

Umezuruike Chinyere Ruth (Health Care Assistant)

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CAREER OBJECTIVE

To work in a setting with an interesting and demanding opportunity that will allow me to put my professional talents and abilities to good use to achieve goals, and to do my best to organisational progress. Also, to put my care experience and training to good use in improving patient care and safety.

PERSONAL STATEMENT

A diligent, compassionate, caring devoted healthcare assistant with years of experience providing high-quality care to the elderly, disabled and others who are unable to do daily tasks independently in care homes and hospital. Willing to learn new skills and techniques in the care of residents/service users and recognised as a capable team member who can communicate and interact successfully within the interdisciplinary team to offer safeguarding, person-centred care and Relationship-centred care. Hardworking, astute, empathetic, goal-oriented, and disciplined individual with in-depth understanding of how to utilise the care skills and training, safety practises, and critical thinking in delivering evidence-based patient care to reach a good client experience. Aiming to leverage my skills to successfully fill the health care Assistant role at your organization.

PROFESSIONAL SKILLS

- Strong communication and problem-solving skills
- Leadership and management skills
- Teamwork and dependability
- Critical thinking skills
- Excellent communication and interpersonal skills
- Caring and Compassionate.
- Strong attention to details
- Strong knowledge of infection control processes
- Patient care planning
- Cultural Competence.
- Excellent work Ethics

CORE SKILLS

- Basic wound care and dressing
- First aid/ Health and safety
- Vital Signs check.
- Manual Handling
- Domiciliary Care
- Medication administration
- Personal Care
- Meal preparation
- Emotional Care
- Oral Care
- Electronic Medical Records.

EDUCATION AND QUALIFICATION

Certified Nursing Assistant	2021
Strong Point Educational and Training Institute, UAE (KHDA approved)	
HND Banking and Finance	2014
Federal Polytechnic Nekede Owerri Nigeria	
ND Banking and Finance	2008
Abia State polytechnic Aba, Nigeria	
High School Leaving Certificate (SSCE)	2007
Nwaeruru Mbakwe Comprehensive Secondary School Imo state Nigeria.	

CARE CERTIFICATIONS AND SPECIAL TRAININGS

Care Certificate	October 2022
American safety and Health Institute	December 2021
Basic Life Support (BLS)	October 2022
Care Giving Skills; Dementia care	October 2022
Elderly Care and Caring for the Disabled	November 2022
Food Hygiene	November 2022
Medication Administration	October 2022
International patient safety goals.	November 2022
First Aid	October 2022

WORK EXPERIENCE

Health Gps, Under Tamouh healthcare, Ajman UAE

2021 - 2022

Position: Certified Nursing Assistant

Duties:

- Supporting and enabling residents/ service users to participate fully in daily life activities observing the individual's right to choose, respect and dignity always.
- Promoting the health and wellbeing of clients and encourage positive attitudes and practices.
- Working flexibly as part of a Multidisciplinary Team.
- Undertaking direct patient care as delegated by the professional team and within the individual patient's plan of care as appropriate to competency levels.
- Undertaking duties appropriate to competency levels e.g., minor dressings, tissue viability care, personal care, and other designated clinical tasks.
- Encouraging patient's independence with personal and daily domestic activities, following nursing and social care plans as devised by trained member of the team.
- Supervising patients in activities such as mobilizing, bathing and ensure the correct safe use of patient equipment e.g., hoist, showering equipment and frames.
- Reporting and recording visits, interventions, and clinical observations accurately and in a timely manner on electronic patient record systems.
- Supporting patients nutritionally including the safe preparation of nutritious meals and monitoring dietary intake.
- Assisting in the administration of medication.
- Assisting with health care equipment such as Telehealth and ensure safe use of equipment by self and user, following the risk assessment by senior member of the team.
- Always responsible for organising, cleansing and maintenance of equipment within various settings.
- Undertaking individual care and report any change in patients' conditions back to trained member of the team.
- Providing clinical care in accordance with the infection prevention and health and safety policies and procedures.

Rivet Specialist Hospital Lagos State, Nigeria

2017 – 2020

Position: Care Support Worker.

Duties:

- Documentation of meals and fluid intake.
- Maintaining patient stability by checking vital signs, weight and recording intake

and out take information.

- Assisting with personal care (dressing, eating, drinking, and washing) as well as manual handling.
- Building good and trusting relationships with residents and always being open and responsive to their questions and needs.
- Actively participating in assessments and care plans process.
- Caring for both mental health needs and ensured care needs of service users is being met.
- Actively involving service users in all aspects of their care and fully understand their care needs.
- Creating a positive mealtime environment whilst observing changes in nutritional status.
- Reporting any concerns to the senior Healthcare Assistant, Nurses, and Home Manager.
- Assisting patients with their mobility exercises.
- Supervising patients on commodes, in toilets and bathrooms and assisting patients with hygiene needs.
- Worked effectively as part of a team.
- Actively promoted self-care and independence to enable timely discharge.
- Encouraging service users/residents to engage in activity holding in the health facility.
- Helped individuals to maintain mobility and rehabilitation goals.

Achievements:

- Achieving high standards of hygiene, health, and safety with no incidents.
- Accurately completed assignment and general duties which increased overall efficient by 60%.

REFERENCES (On Request)