Address: Auburn, NSW, 2144

Phone: 0452496895

Email: shahpunam895@gmail.com

Poonam shah

SUMMARY

Seeking Assistant in Nursing position where I can leverage my compassionate nature and dedication to providing quality healthcare. Eager to apply my skills in patient care and health promotion to contribute effectively to the well-being of individuals and the community. Committed to providing person-centred effective care to individuals in aged care.

OBJECTIVE

- To understand the aged care system in Australia
- Assist in delivery of person-centred care.
- Want to gather knowledge of aged care standards and delivery of care towards elderly.
- Improve interpersonal skills.

FDUCATION

Masters of Accounting (Ongoing)

Kaplan Business School

Certificate III in Individual Support

Kingsway Vocational Training Pty Ltd

INTERNSHIP AND PLACEMENTS:

New March House (Anglicare) Certificate III placement

Duties:

- Assisting residents with ADLs such as showering, toileting, etc.
- Assisting residents with mobility
- Assist residents with feeding, have positive dining experience and provide support during meals.
- Provide emotional support to residents and encourage to participate in recreational activities.
- Provide companionship to residents.
- Ensure residents privacy and dignity is respected.
- Work with team to provide ultimate care to residents.
- Communicate effectively with residents, families, and team.

• Assisting RNs with documentation and monitoring of residents.

Program: Personal Care and Social Engagement.

Institution: Paropakar Oldage Home

Date: 17/09/2075 to 17/01/2076 (January 1, 2019 to April 30, 2019)

EXPERIENCE

Pulp and Grind Customer Service

Duties:

- Communicate effectively with customers, understand their preferences and dietary restrictions.
- Collaborate with colleagues to ensure smooth operations during busy periods.
- Manage multiple tasks effectively in a fast-paced environment, including food preparation, serving customers, and handling transactions.
- Maintain cleanliness and hygiene standards in the workplace.
- Adhere to strict health and safety standards to ensure food safety and prevent contamination.

SKILLS

- Having Cert III training.
- Compassionate and empathetic.
- Proficient in using Microsoft Office tools and Outlook for effective communication and documentation.
- Strong organizational skills with a high level of confidentiality, accuracy, and professionalism.
- Excellent written and verbal communication skills in English and Nepali.
- Proven ability to work autonomously, demonstrate initiative, and make independent decisions.
- ➤ Diligent and detail-oriented with the ability to manage multiple tasks and meet deadlines effectively.

REFERENCE

Available upon request.