



# Priscilla Nsiah Adomah

## Personal Support Worker (Caregiver)

✉ Padomah233@gmail.com ☎ +971569465771/+971507159300

📍 7 Even Building, 14th. Street ring road, Dubai investment Park 1 📅 14/July/1994 🇬🇭 Ghana 🤰 Married

♀ Female 🌐 [linkedin.com/in/priscilla-nsiah-0059412a1](https://www.linkedin.com/in/priscilla-nsiah-0059412a1)

### 👤 PROFILE

I am a compassionate and dedicated person with years of experience in providing high-quality care assistance to individuals with diverse needs. I am proficient in assisting with personal care, medication reminders, light housekeeping, teaching and companionship, ensuring a safe and comfortable environment. I possess excellent communication and interpersonal skills and am committed to promoting the independence and well-being of those in my care. I am reliable, punctual, and eager to learn.

### 🎓 EDUCATION

09/2017 – 11/2019 Tepa, Ashanti, Ghana	<b>Diploma Certificate in Registered Nurse Assistant</b> Nursing & Midwifery Training College Course Title: Anatomy & Physiology 1 & 2, Basic & Advanced Nursing ,First Aid, Emergency & Disaster Management,Personal & Environmental Health,Pharmacology, Therapeutic & Pharmaco Vigilance I, anagement and Administration in Nursing & Surgical Nursing I &2
07/2011 – 06/2015 Kumasi, Ghana	<b>Wassce Certificate</b> Dass Senior High School Courses read; Integrated science, Mathematics,English, Economics, Government, Social Studies, etc.

### 👜 PROFESSIONAL EXPERIENCE

01/2024 – present Dubai, United Arab Emirates	<b>Chubby cheeks Nursery</b> ✓ Child Care/ Teaching Assistant <ul style="list-style-type: none"><li>• Providing basic care and care-giving activities to kids (Especially to Kids with Special Needs)</li><li>• Monitor Child's health status and report abnormalities)</li><li>• Assist with activities of daily living like making bed, toileting, mobility support, and personal hygiene as needed to ensure high satisfaction.</li><li>• Identify behavioral problems and determine the right course of action.</li></ul>
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- Adhere with teaching standards and safety regulations as established by the official sources.
- Maintain accurate documentation of care provided and any observations or incidents as well administer patient's medication timely to ensure quick recovery.

05/2023 – 12/2023  
Dubai

### **Al Rahmah Home Nursing**

Home Care Nurse/ Care Giver

- Ensuring positive mental/physical/nutritional health with patients always.
- Proving personal care such as infection prevention and control, food, personal hygiene and overall reassurance, comfort and safety.
- Regularly observe, monitor and record patients' conditions by taking temperatures, pulse, respiration and weight (Vitals)
- Talking to patients' often to keep them companies and also happy
- checking and ordering supplies

01/2020 – 02/2023  
Kumasi, Ghana

### **Atasemanso Hospital**

Registered Nurse Assistant

- Take patient vital signs.
- Set up medical equipment and assist with some medical procedures.
- Maintain patients' hygiene and change bedding regularly
- Serve meals and help patients eat their food.
- Listen to patients regarding any health concerns they might have and report details to a registered Nurse or medical doctor.
- Maintain precise and complete reports and records.
- Monitor all aspects of the patient's treatment, including nutrition and physical activity.
- Work within our scope of practice and take measures to develop and maintain the competence necessary for professional practice

12/2018 – 02/2019  
Kumasi, Ghana

### **Kuntanase Government hospital**

Registered Nurse Assistant (Internship program)

- For Clinical Internship and my Duties were as follows;
- set up medical equipment and assist with some medical procedures.
- Maintain patients' hygiene and change bedding regularly
- Serve meals and help patients eat their food.
- Actively participate as a multi-disciplinary / inter- disciplinary team member in all aspects of service delivery including case conferences, clinical meetings, and team meetings.
- Listen to patients regarding any health concerns they might have and report details to a registered Nurse or medical doctor.
- Maintain precise and complete reports and records.
- Monitor all aspects of the patient's treatment, including nutrition and physical activity.
- Manage or supervise infection control procedures, as well as advise or consult with specified staff regarding required measures.

## SKILLS

excellent communication Skills	● ● ● ● ●	Patient Health Monitoring	● ● ● ● ●
Special Needs Support	● ● ● ● ●	Behavioral Problem Identification	● ● ● ● ●
Teaching Standards Adherence	● ● ● ● ●	Care Documentation	● ● ● ● ●
Medication Administration	● ● ● ● ●	Mental Health Support	● ● ● ● ●
Infection Prevention and Control	● ● ● ● ●	Nutritional Health Monitoring	● ● ● ● ●
Physical Health Support	● ● ● ● ●	Vitals Recording	● ● ● ● ●
Patient Comfort Provision	● ● ● ● ●		

## LANGUAGES

English Language



## CERTIFICATES

- Knowledge And Human Development Authority- KHDA, Dubai

## AWARDS

19/10/2024

### **Best Employee**

Chubby cheeks Nursery

Best Employee in Behavior and Attaindance

## REFERENCES

**Ms. Sandra Dzenga**, Branch Manager, Chubby cheeks Nursery  
Intermove422@gmail.com, +971551827693

**Dr. Boateng Osie**, Managinhg Doctor, Atasemanso Hospital  
Popisleanringcentre@gmail.com, +233240640546

## DECLARATION

I consent to the processing of my personal data for the purpose of recruitment for the position to which I am applying as well as pledge utmost good faith in all the above information to be true and nothing but the whole truth.

**Priscilla Nsiah Adomah**

Dubai Investment Park 1, Febuary 2025