

# Sithembiso Madzivire

8346 Nyatsime Phase 4, Chitungwiza, Harare, Zimbabwe.

+263785694961 | sithemadzivire@gmail.com

## Summary

---

- Dedicated and compassionate caregiver assistant with a proven track record of providing exceptional care. Skilled in assisting with daily living activities. Known for a patient-centered approach, excellent communication skills and the ability to build trust with clients.

## Experience

---

- **Zimbabwe Republic Police Mkushi Depot Clinic** November 2017 - January 2019  
Volunteer caregiver
  - Assisted in personal care (bathing, dressing and grooming).
  - Followed care plans and reported any changes in patient's condition.
  - Knowledge of infection control and hygiene practices.
  - Administered medications according to prescribed schedules and guidelines.
  - Clean and sanitized rooms including furnishings in assigned work areas.
  - maintained high standards of cleanliness and tidiness of the service and Laundry.
  - Communicated and engaged effectively with service users, their families and colleagues, good interpersonal and working relationship skills are essential
  - Demonstrated the ability to work without direct supervision.
- **Chitungwiza Central Hospital** February 2019 - March 2025  
Volunteer Nurse aide
  - Implemented care plans developed by health professionals to meet patient's needs.
  - Provided support with dressing and changing of clothes for comfort and dignity.
  - Prepared nutritional meals considering dietary restrictions and preferences.
  - Performed housekeeping duties deep cleaning, laundry and organised furniture.
  - Mopped, dusted and vacuuming.
  - Engaged in meaningful conversation and companionship for a positive atmosphere.

## Skills

---

- Driving (Class 4 licence)
- Medication Administration
- Mobility assistance
- Meal preparation
- Record keeping
- Emergency response
- Sanitation and cleaning protocols
- Personal care assistance

## Education

---

- **British Council** 20 March 2025  
General IELTS UKVI  
Overall Band Score 7
- **Alison** 26 March 2025  
Diploma in Caregiving
- **Caredemy UK**  
Care certificate - 15 Standards
- **Pockets Air and Ambulance Services**  
First Aid

## Reference

---

- Available upon request