CURRICULUM VITAE



NURSING OFFICER : KOSALA DILHANI VIDANA PATHIRANA

Residence	: No.145/3, Wattahena Road, Matugama, Kalutara,Sri Lanka
Telephone No	: +94 77 812 06 85, +94 77 255 68 42
E-mail	: <u>kosalavidanapathirana@gmail.com</u>
NIC No	: 855072661-V
Gender	: Female
Date of Birth	: January 07, 1985

OBJECTIVE

Enthusiastic, Motivated Young Nursing Officer having over 13 years of experience in Nursing Sector seeking for opportunities to expand the knowledge and improve skills beyond Sri Lankan context to serve the employer with my knowledge and experience in General Nursing. Also developing my career in this sector with new technologies.

EDUCATIONAL QUALIFICATIONS

- Successfully Completed three-year Diploma in General Nursing at College of Nursing, Colombo, Sri Lanka (2006-2009)
- Registered Nurse in Sri Lanka Nursing Council (SLNC NO.-02594) 2012– UpToDate

WORK EXPERIENCE

- Worked as a Nursing Officer at the second oldest maternity home in Asia, De Soysa Maternity Hospital (DMH), Colombo, Sri Lanka (2010–2012)
- Worked as a Nursing Officer at the District Hospital, Mathugama, Kalutara, Sri Lanka (2012– Up to Date)

KEY RESPONSIBILITIES

- Record medical history and symptoms, monitor patients' health, conduct physical examinations, patient care, providing basic medical care, monitoring vital signs, administering medications, and assisting doctors in examinations and procedures.
- Administer medications and treatments and assisting doctors in examinations and procedures.
- Record keeping, maintaining accurate patient records and ensuring compliance with healthcare regulations.
- Perform diagnostic tests, medical instrument handling, BP monitoring, handling CPAP machine, ECG monitoring, PT's Catheterizations, Wound care, Injection procedure, drugs administration and handling Ambulance duty.
- Ward management at General, Surgical and Medical and duty of ETU.
- Provide support and advice to patients, Health education, Educating patients and their families about preventive healthcare practices and lifestyle changes.
- Attending for Primary health care programs and non-communicable diseases.

CLINICAL AREA OF PRACTICE AND EXPERIENCE

- Care of the Adult-Medical Nursing
- Care of the Adult-Surgical Nursing
- Maternal and infant Nursing
- Mental Health Nursing
- Pediatric Nursing
- Care of the sick child
- Gynecological Nursing
- First Aid
- Community/Public Health Nursing
- Ward Management
- Sociology
- Nutrition
- Pharmacology

PROFESSIONAL EXPERIENCE

- Appreciation of dedicated services of health personnel in "Treating, Controlling and in prevention of COVID-19" awarded By Ministry of Health.
- Participated Training on "COVID-19 related Psychosocial Issues and Resilience Building for Frontline Health Care Workers" Conducted by the Sri Lanka College of Psychiatrists.
- Participated Workshop on "5S and Productivity" Conducted by the Regional Director of Health Service.
- Participated Training Program on "Non communicable disease" Conducted by the Sri Lanka Diabetes and Cardiovascular Disease Initiative.
- Participated Workshop on "Health Care Waste Management Program" for Provincial Hospitals in the Western Province Conducted by the Sri Lanka Waste Management Authority.
- Passed the Pearson Test of English Academic with Overall test score 40, (Registration ID: 483454695) (Listening 42, Reading 34, Speaking 42, Writing 40)
- I have positive skill assessment of Australian Nursing & Midwifery Accreditation Council (ANMAC) as a Nursing Support Woker (423312)

I hereby certify that the above information furnished by me is true and accurate to the best of my knowledge. Yours truthfully,

K.D.Vidana Pathirana