

# Srishma Aryal

Assistant in nursing

## Personal Info

0414019246

[srishma057@gmail.com](mailto:srishma057@gmail.com)

## Skills

Empathy, patience, and attention to detail.

Organization and time management

Basic healthcare knowledge and the ability to follow care plans.

Strong communication and interpersonal skills.

Accuracy and responsibility in reporting to healthcare professionals or family members.

Quick thinking and adaptability.

## Languages

English

Nepali

Hindi



## Summary

As a nursing professional in care, and as a committed and caring person, I firmly believe that I can improve the lives of senior citizens. My enthusiasm for offering top-notch care is rooted on my deep regard for the dignity, wisdom, and life experience that every senior possesses. My experiences both personally and professionally have given me a strong feeling of pleasure and purpose in helping the senior population. I am eager to carry on with my adventure in aged care with compassion, honesty, and dedication because I am utterly committed to making a significant difference in the lives of elders. Extremely driven to deliver the best treatment possible and with strong communication skills, currently looking for an AIN position in a reputable firm to take



## Work Experience

### AIN (Assistant in Nursing), Advance care agency (Part-Time), Blacktown

August 2024 - Present

- Helping clients with personal hygiene, dressing, grooming, and toileting.
- Assisting with light housekeeping duties such as cleaning, laundry, meal preparation, and grocery shopping.
- Monitoring vital signs, administering medication, and helping clients with exercises or mobility.
- Providing emotional support, engaging in conversations, and accompanying clients to appointments or social outings.
- Keeping detailed records of the client's condition, progress, and any changes in their health or behavior.
- Accuracy and responsibility in professionals or family members
- Addressing any issues that arise, whether it's a sudden health concern or a change in the client's needs.

### Dispensary Technician , Chemist warehouse, Darwin, GPO. (Part-Time), Darwin, NT.

June 2023 - February 2024

Assisting customers with their inquiries, providing information on medications, and handling transactions at the counter.

Receiving and processing prescriptions, counting and measuring medications, and preparing labels and packaging.

Stocking shelves, monitoring inventory levels, ordering supplies, and checking for expired medications.  
Managing patient records, processing insurance claims, and handling other clerical tasks as needed.  
Assisting pharmacists with their daily tasks, such as compounding medications, preparing intravenous medications, and providing advice to customers under supervision.

**Pharmacy assistant , Lotus Health Polyclinic (Self-Employed), Kathmandu , Nepal**

January 2021 - March 2023

Leading the management team, including pharmacists, pharmacy assistants, and support staff.  
Ensuring the pharmacy complies with all relevant laws and regulations, including pharmaceutical licensing, healthcare standards, and safety protocols  
Communicating with key stakeholders, including suppliers, healthcare providers, regulatory bodies, and investors.  
Fostering a positive work environment, ensuring staff are motivated and well-trained, and promoting a culture of continuous improvement and customer focus



**Education**

**Bachelor in community services, Torrens University**

February 2024 - Present

**Certificate IV in ageing support, International institute of education and training**

Done 120 hours of placement.

First Aid and CPR training.

**Diploma in Assistant in pharmacy, Kantipur college of Medical Science**

July 2017 - July 2020



**References**

Deepa Joshi (RN), Quakers Hillside care Community  
deepajoshi2468@gmail.com | 0401454003

Srijana Katuwal (RN), Quakers Hillside Care Community  
srisiru@yahoo.com | 0416508811

Sandesh Acharya  
acharyasandesh1999@gmail.com | 0410884760

Kiran Khadka ( Admin), Advance care agency  
admin@advancecareagency.com.au | 0406046967