

PRINCESS BONOAN

ASSISTANT IN NURSING / AGED & DISABILITY CARE SUPPORT WORKER

37 Rawson Street, Epping, NSW 2121 ♦ 0451 133 877 ♦ princessdybonoan@gmail.com
Student Visa (subclass 500) ♦ Availability: OCT 2024

PROFILE:

A compassionate Aged and Disability Care Support Worker with hands-on experience providing companionship and emotional support to residents. Well-versed in assisting patients with daily living tasks. Committed to improving patient well-being through personal care and interactive engagement. Well-organized with medications and physically fit to handle any client need. Promotes formation of habits for sustainable health improvement.

A dedicated Assistant in Nursing with the capacity for multitasking and interpersonal cooperation. Patient-care centered, displaying a kind and welcoming demeanor. Very well-organized and a pro at communicating both verbally and in writing. Dedicated to using my abilities to further a company's objective while assisting others.

A registered Nurse in the Philippines that maintains current competency in nursing specialty by attending educational workshops, reviewing professional publications, establishing personal networks, and participating in health professional societies.

KEY ASSETS:

- Offers patients educational opportunities and aid in their decision-making around their health by efficient communication and patient education abilities.
- Maintains critical thinking skills and ability to solve clinical problems as they arise, essential to providing competent and dignified service.
- Have knowledge and understanding of Work Health and Safety principles and willing to learn and commit to ongoing professional development.
- Interacts effectively with people of different nationalities and has a good outlook, who can work well with a team and foster a healthy work atmosphere.
- Possesses strong time-management abilities, readily adjusts to changes in work environment and schedule.
- Have a sound written and verbal communication skills while maintaining professionalism in the healthcare setting through continuity, consistency, and efficiency.
- Equipped with knowledge of computers especially MS Office – MS Excel, MS PowerPoint, MS Word.

CURRENT EDUCATION:

Bachelor of Nursing (Graduate Entry)
University of New England – NSW, Australia

JUN 2023 – SEP 2025

Bachelor of Science in Nursing
Far Eastern University – Manila, Philippines

JUN 2006 – MAR 2010

CLINICAL PLACEMENT:

- **GRAFTON BASE HOSPITAL – MEDICAL WARD (80 hours)** SEP 2, 2024 – SEP 13, 2024
184 Arthur St., Grafton, NSW, 2460, Australia
- **NEPEAN MENTAL HEALTH – ACUTE UNIT (80 hours)** MAY 20, 2024 – JUNE 2, 2024
Level 2, Mental Health Centre / Nepean Hospital, Derby St., Kingswood, NSW, 2747, Australia

- **SYDNEY EYE HOSPITAL (80 hours)**
8 Macquarie St., Sydney, NSW, 2001, Australia

MAY 5, 2024 – MAY 19, 2023

- **SUMMITCARE CANLEY VALE (160 hours)**
47 Freeman Avenue, Canley Vale, NSW, 2166, Australia

SEP 18, 2023 – OCT 15, 2023

CERTIFICATIONS :

- **Registered Nurse (RN)** – Board of Nursing – Philippines, MAR 2011
- Member – Philippine Nurses Association, MAR 2011

TRAININGS :

- | | |
|--|----------|
| • MEDSAFE Medication Rights – IV Medication | FEB 2024 |
| • Palliative Care Education | FEB 2024 |
| • NDIS Supporting Effective Communication | DEC 2023 |
| • Manual Handling Safety (Refresher) | NOV 2023 |
| • NDIS Code of Conduct Summary for Workers | NOV 2023 |
| • Gastroenteritis Outbreak Management in Aged Care | NOV 2023 |
| • Basic Life Support / First Aid including CPR | OCT 2023 |
| • The Code of Conduct for Aged Care | AUG 2023 |
| • NDIS Code of Conduct Summary for Workers | AUG 2023 |
| • Alternative Strategies to Restrictive Practices in Aged Care | AUG 2023 |
| • Elder Abuse | AUG 2023 |
| • Aged Care Quality Standards | AUG 2023 |
| • Infection Prevention and Control | AUG 2023 |
| • Fire Safety in Residential Aged Care | AUG 2023 |
| • Work Health and Safety | AUG 2023 |
| • Manual Handling Safety | AUG 2023 |
| • MEDSAFE Medication Rights – Capsule and Tablets | JUL 2023 |
| • MEDSAFE Medication Rights – Oral Liquids | JUL 2023 |
| • MEDSAFE Medication Rights – Injections | JUL 2023 |

PROFESSIONAL EXPERIENCE :

- **SUPPORT WORKER AGED CARE/DISABILITY CARE** (Casual) OCT 24, 2023 - PRESENT
Sue's Home Care Nursing Service
1 Canrobert Street, Mosman, New South Wales

- Provides emotional support and companionship to clients.
- Assists with mobility needs and maintaining personal hygiene.
- Supports client with showering, dressing and personal care needs.
- Follows safe lifting and transferring techniques to transport residents.
- Observes client for changes in physical, emotional, mental, or behavioral conditions.
- Follows care plan and directions to administer medications as instructed by Registered Nurse.
- Encourages resident to participate in activities of daily living to enhance personal dignity.
- Builds strong and trusting rapport with clients and their loved ones.

- **ASSISTANT IN NURSING/MEDICATOR** (Permanent Part-time) AUG 10, 2023 – JUL 1, 2024
Buckland Aged Care Services
39 Hawkesbury Road, Springwood, New South Wales

- Provides support to the nursing team in the delivery of nursing care in an acute care environment as directed by the Registered Nurse.
- Provides direct care activities to patients in accordance with the nursing care plan and under the

supervision of a Registered Nurse Assist Registered and Enrolled Nurses with patient care interventions as directed.

- Contributes to collecting accurate health care information and maintaining accurate health care documentation as required
- Communicates effectively with patients and other health care team members in accordance with appropriate protocol.
- Ensures that all medical and or allied health professional directives are carried out as ordered and outcomes evaluated and documented, and report, document and action any incidents of non-compliance using BESTMED.
- Administers medication in accordance with facility policy and procedure.

- **NURSE I**

JUL 1, 2020 – SEP 30, 2020

San Mateo Integrated Community Hospital

San Mateo, Isabela, Philippines

- Conducts an individualized patient assessment, prioritizing the data collection based on the patient's immediate condition or needs within timeframe specified by client facility's policies, procedures, or protocols.
- Conducts ongoing assessments as determined by patient's condition and/or the client facility's policies, procedures or protocols and reprioritizes care accordingly.
- Develops plan of care that is individualized for the patient reflecting collaboration with other members of the healthcare team.
- Performs appropriate treatments as ordered by physician in an accurate and timely manner.
- Delivers care with appropriate age and cultural competence to specific patient populations according to individualized needs.
- Documents patient assessment findings, physical/psychosocial responses to nursing intervention and progress towards problem resolution.

REFERENCES :

- **Menchie Inay**
Meadowbank Grove Care Community, West Ryde, NSW
+61433877318
- **Prinora Oras**
Sue's Home Care Nursing Services, Mosman, NSW
+61452051280
- **Merleen Delos Santos**
Buckland Nursing Home, Springwood, NSW
+61424736310