

# CURRICULUMVITAE

## *Personal Information*

Name : Karthika Anil

Name As In Passport : Karthika Anil

Current Address : Anil Nivas, Manjoor P.O  
Kothanalloor, Kottayam  
Pin: 686603, Kerala, India

Passport Address : Anil Nivas, Manjoor P.O  
Kothanalloor, Kottayam,  
Pin: 686603, Kerala, India



## *Personal Details*

Nationality : Indian

Age : 24

Date of Birth : 09/10/1998

Gender : Female

Marital Status : Single

Languages Known : Malayalam, English, Hindi, Kannada

Driving License Number : Nil

Contact : +91 9539126974  
: +91 7022616410

Mail -Id : karthianil45@ gmail.com  
: karthianil452@gmail.com

## *Passport Details*

Passport Number : V1016438

Date of Issue : 29/04/2021

Date of Expiry : 28/04/2031

Place of Issue : Cochin

## **Professional Development**

Basic Life support

Advanced Cardiac Life Support

Infection control and prevention

DVT advanced clinical education

Pressure area management

## Professional Skills

- Communication skills including listening, organization and observation skills
- Team work
- Time management
- Work ethic
- Flexibility
- Leadership
- Multi tasking
- Problem solving
- Self motivation
- Active listening
- Critical thinking
- Conflict management

## Professional Qualification

COURSE	INSTITUTION	UNIVERSITY/BOARD	YEAR
Bachelor of Science In Nursing	Manikudi Venkataraman Jayaram College of Nursing,Hoskote, India	Rajiv Gandhi University Of Health Sciences, Bengaluru, India	2016 -2020
Higher Secondary	Government Vocational Higher Seconadry Education, Kaduthuruthy, Kerala,India	Board of Vocational Higher Secondary, Kerala	2014 -2016
Grade 10	Saint Agnes Girls Higher Seconadary School,Muttuchir Kerala,India	Kerala Board of Public Examination	2014

**REGISTRATION CERTIFICATE**

Registration Number : 117215  
Karnataka State Nursing Council, India

**PROFESSIONAL EXPERIENCE**

NAME OF HOSPITAL	POSITION HELD	PERIOD	EXPERIENCED CLINICAL AREAS
Divine Hospital Kuruppumthara, Kerala, India	Staff Nurse	23/05/2023 Till To Date	Medical Ward
Aster Medcity, Kochi,Kerala India	Staff Nurse	17/09/2022 – 15/01/2023	Medical And Surgical ward
Kokilaben Dhirubhai Ambani Hospital Mumbai, India	Staff Nurse	03/05/2021-16/05/2022	Medical And Surgical Ward

**DUTIES AND RESPONSIBILITIES**

- Carry out comprehensive nursing care of patient
- Assessment, Planning, Implementation and Evaluation of Nursing care
- Establish goals with patient, family and health care team
- Maintaining , confidentiality regarding patient conditions and treatment
- Discus and evaluate treatment outcomes with other health team members at the beginning and end of each Shift
- Acquires knowledge and skills on current clinical and patient care management practices and applies these in provision of patient care
- Displays spirit of team work and maintains a interpersonal relationship with unit staff and multidisplinary team
- Direct and supervise less skilled nursing or health care personnel
- Monitor record and report symptoms and change in patient's conditions
- Recording vital signs
- Perform initial nursing assessment and pain assessment
- Administration of medication to assigned patients orally, injections, infusions and transfusions as prescribed.
- Blood Sugar check and record

- Performing urinary catheterization, IV access, oral suctioning, insulin administration, nebulization, oxygen inhalation, tube feeding, enema, bowel wash, dressing, stomach wash, eye and ear care, collection and sending of specimen, pre and post operative care, administration of transfusion and perennal care
- Observe all patients' conditions and take suitable actions accordingly and or report any changes in patient's condition to the doctor or the physician following up with proper documentation.
- Observe all patient's conditions and take suitable actions accordingly and or report any changes in patient's condition to the doctor or physician following up with proper documentation
- Treat patients with total compassion and full respect for the dignity and uniqueness of every individual.
- Attend to the nutritional needs of the patients and feed helpless patients.
- Care of patient with limited mobility
- Assist with basic needs including personal hygiene, toileting And Grooming
- Review patient folder for completeness, In accordance with documenting protocols prior to and after the surgical procedure
- Removal of sutures, clips and drains
- Attending workshops and lectures as required
- Assist with activities of daily living for patients
- To use effective communication skills, relay messages promptly and accurately To The Team
- To Maintain professional manner at all times
- Treat patients with respect, preserve their privacy and maintain their dignity all the times
- Ability to work and carry out tasks independently
- Provide health education to patients and relatives
- Discharge patient with follow up Instructions

## **REFERENCE**

Ms. Havovi Fouzdar  
 General Manager of Nursing  
 Medical and Surgical Ward  
 Kokilaben Dhirubhai Ambani Hospital  
 Mumbai, India  
 Pin - 400053  
 Phone : +91 7498874780  
 E-Mail: Havovi.fouzdar@kokilabenhospitals.com

## **DECLARATION**

I hereby declare that the above statements are true to the best of my knowledge and belief

Name: Karthika Anil

Place: Manjoor