# Bibechana Regmi



### Contact

Address: 121 Railway Parade Granville

**Phone:** 0415210609

Email: bibechana.regmi79@gmail.com

Linkedin : https://www.linkedin.com/in/bibech ana-regmi-158716189

## Languages

Nepali English

Hindi

### Summary

As a multifaceted professional, I have accumulated valuable experiences across various fields. My background encompasses roles as a student, researcher, accountant, packing staff, cleaner, and, most significantly, as a caregiver. My passion for helping others has led me to pursue a career as a caregiver for the elderly, and I am committed to this role for as long as my health permits. I believe that my diverse skillset and experience in different areas will enable me to excel in this field and make a meaningful impact on the lives of those I care for.

# Skill Highlights

- Social Support
- Patience
- Communication Skills
- Home Support
- Attention to Detail
- Problem solving.

- Compassion and empathy
- Dependability
- Teamwork
- Continuous-Learning

# **E**<u>xperience</u>

**Home Care Worker** at Nurse Next Door – Blacktown June 2023 – Present

- Working as a Casual Care worker
- Handling LPA, Dementia clients.

**Aged Care Support Worker** at Auburn Glen care communityMar 2023 - Apr 2023 (2 months)

- Worked as an Aged Care Support Worker (Student) at Auburn Glen Care Community from March 2023 to April2023.
- Completed a 3-week student placement program at the carecenter to gain experience in providing care for elderly residents.
- Learned the importance of patience, sensitivity, and attentiveness in performing daily duties such as feeding and assisting with personal care.
- Gained hands-on experience in recording and reporting essential information such as bowel charts, repositioningcharts, diet plans, and visual monitoring charts.

### References

| Name             | Email                     | Phone              |
|------------------|---------------------------|--------------------|
| Karu Thapa       | Karut98@gmail.com         | 0416109420         |
| Hannah kromo     | kromobeauty@yahoo.com     | 0450220401         |
| Kalpana Bhandari | Kalpubhandari66@gmail.com | 042625 <u>2056</u> |

### **Education**

| College                   | Level   |  |
|---------------------------|---|--|
| Advance college<br>(2023) | Certificate III in Individual<br>Support(Ageing and Disability) |  |
| Patan College             | Bachelor in Environment Science                                 |  |