

CURRICULUM VITAE

Personal Details:

Name: Rebecca Mulvey

Date of birth: 14/09/1997

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Address: 6/76 Wentworth Street, Randwick, 2031, Sydney, NSW, Australia

Education:

Sept 2019- Aug 2023 BSc Hons Degree (level 8) Mental Health Nursing
Dublin City University, Collins Avenue, Dublin 9

Sept 2010- June 2016 Leaving Certificate completed
Dominican College, Griffith Avenue, Drumcondra, Dublin 9

Continuing Professional Development:

2022-2024 Control and Restraint Training, STORM, Open Disclosure, MHA 2001 'A Practical Application to Involuntary Admissions', AMRIC Basics of Infection Prevention and Control, Medication Management, Children First Guidelines, Basic Life Support, Manual and People Handling, Breakaway Training, GDPR, The Mental Health Act 2001, MAPA

Employment History:

October 2023- April 2024: Staff Nurse, St. Vincent's Hospital Fairview

Description: Acute adult inpatient unit

- Completing nursing admissions of acutely unwell service users
- Completing assessments, including risk assessments, integrated care planning, and discharge planning of service users in collaboration with a multidisciplinary team
- Respecting patient autonomy while encouraging them to participate in decision making
- Effectively managing a caseload of clients (observing mood, behaviour and physical health and documenting/ reporting any changes to the relevant team member if needed)
- Administering medication and monitoring service users for any adverse side effects
- Providing education and support to service users and their families
- Facilitating psychoeducational groups and encouraging service user participation in same
- Managing aggression and threatening behaviour through verbal de-escalation, crisis management, distraction techniques, and restrictive measures if necessary

January 2023- August 2023: Internship Nurse, St. Vincent's Hospital, Fairview

Description: Psychiatry of Old Age, Adult Inpatient Unit, and Adolescent Inpatient Unit

- Completing admissions, nursing assessments, risk assessments, integrated care planning, and discharge planning of service users
- Participating in medication rounds and completed my medication management under supervision of a staff nurse
- Effectively managing a caseload of clients in inpatient settings. Participating in MDT meetings and family meetings. Facilitating psychoeducational and recreational groups

Sept 2019- Jan 2023: Supernumerary Student Nurse, St. Vincent's Hospital, Fairview

Description: Acute Adult Inpatient Unit, Acute Adult Day Hospital, Acute Adolescent Inpatient Unit, Acute Adolescent Day Hospital, Homeless Services, Adult Long Stay Unit, Community Nursing, General Ward, and Intellectual Disability Residential Services

- Achieved clinical competency in all practice placements

Oct 2020- Jan 2023: Healthcare Assistant, Highfield Healthcare, Swords Rd, Dublin

Description: Psychiatry of old age long stay unit

- Responsible for the care of 20 residents living with dementia, schizophrenia, BPAD, depression and anxiety
- Assisted with ADL's, mobility, feeding, safeguarding, and recreational activities planning
- Completing daily allocation sheets and delegating work amongst a team

Interests/ Achievements:

- Prefect (2015-2016)
- Academic excellence awards (2013/2016)
- Going to the gym
- Painting and drawing
- Travelling and learning languages

References available upon request.