

Victor Ekenedirichukwu Aloh
45 Pinnington Road Gorton, Manchester
M18 8NR.
+44 7867 705013
Alohvictor123@gmail.com.

-----Professional summary-----

I am a seasoned and dedicated professional nurse with over four years of clinical experience, driven by a fervent commitment to delivering the highest quality nursing care across diverse service provisions. My approach to patient care is characterized by compassion and empathy, not only towards patients but also towards their families.

My proficiency in assessment and effective communication plays a pivotal role in managing patient care, ensuring a comprehensive and patient-centered approach. I have successfully navigated both structured and unstructured environments, showcasing adaptability and a capacity to excel in dynamic healthcare settings.

I excel in coordinating multiple activities and prioritizing tasks, demonstrating a keen ability to maintain focus and efficiency in demanding situations. The flexibility and adaptability I bring to my role are complemented by strong listening skills, allowing me to respond effectively to the unique needs of each patient.

I am not only a valuable team player but also possess the autonomy to make independent decisions within my scope of practice. This balance between collaboration and self-reliance contributes to a well-rounded and effective approach to nursing care.

-----Work History-----

From January 2023- September 2023.

Staff Nurse

**Nigeria National Petroleum Corporation, Medical Department (NMSL)
Benin, Nigeria.**

Skills and Experience Gained.

- Vital signs monitoring,
- Input and output monitoring,

- **Medication administration,**
- **Shift cordination**
- **Admission and discharge,**
- **Care planning,**
- **Risk assessment,**
- **Counseling,**
- **Advocacy,**
- **Time management,**
- **Wound care management,**
- **Personal care,**
- **Frequent medical examination,**

From Sep 2019-Jan 2023
 Staff Nurse
 Military hospital
 Airport Rd, Oka 300102
 Benin City, Nigeria.

Skills and Experience gained.

- Managed patient discharges, providing relevant follow-up care advice with required prescriptions and medication.
- Delivered consistently high standards of individualised nursing care and maintained patients' health and wellbeing.
- Actively promoted nursing best practices, regularly contributing to department quality improvement initiatives.
- Accurately and efficiently administered medication in line with stringent drug regulations.
- Trained and mentored junior team members, strengthening high-functioning, efficient clinical teamwork.
- Assessed and evaluated patient needs, supporting accurate diagnosis and care planning.
- Administers prescribed medication according to patient requirements, maintaining meticulous attention to details to avoid errors.

- Risk assessment, reviews and escalates patients care needs.
- Shift Co-ordinates, and handovers

From Feb 2019-Aug 2019

Staff Nurse

Ogbe Specialist Hospital

Agbo, Eka South

Delta State, Nigeria

Skills & Experience gained

- Effectively managed high-volume caseloads of up to patients per shift.
- Efficiently Co-ordinated shifts and handover safely.
- Rostering coordinator
- Prepared and assisted in patients minor-to-moderate surgeries such as appendectomy etc.
- Medication management
- Care planning and risk assessment competent
- Mentorship and support for junior members of staff and students
- Admission and patient discharge
- Patient psychoeducational and emotional support.

Staff Nurse

Federal Medical Centre Azare,

Katagum Local Government Bauchi State, Nigeria

Apr 2018-Jan 2019

Skills & Experience gained

- Assessment, planning and implementing patient care, and prioritising wellbeing.
- Administration of medication and reviews
- Male and female catheterization of patients
- Canulation
- Insertion of (NG) tube.
- Provided first-class care across various wards and units for patients with complex medical needs such as A & E, Emergency Paediatric unit, general medical and surgical wards.
- Lead Role & Liaison for a professional colleague as an advocate
- Effective report writing, record keeping and management
- Admission and discharge of patient care.

From Jan 2018-Dec 2018

Public Health Nurse

National Youth Service Corps Nigeria.
Kanjuwa, Bauchi State, Nigeria.

Skills and experience gained.

- Met with members of the public and local leaders at various community events and discussed ways to reduce illness, food contamination and obesity.
- Performed post-discharge follow-up and offered counselling services if available
- Promoted dignity, safety and independence for patients and families during contacts.
- Practised working knowledge of current policies and procedures, addressing issues of non-compliance through psychoeducation
- Wound dressing and minor-moderate complex patient care such as peptic ulcer, malaria management etc.
- Lead role and advocate for other professional colleagues
- Closely monitored and recorded patient vitals, implementing bespoke care improvements to minimise recovery time.
- Delivered robust leadership in doctor's absence, escalating issues requiring senior support.

Community volunteer Nurse
Community Health Center, Ugwulangwu
Ohaozara L.G.A, Ebonyi State, Nigeria.
April 2017-December 2017

Skills and Experience gained

- Liaised with support teams to facilitate appropriate case interventions for individuals with complex needs such as mental health and diabetes
- Provided physical and emotional support to elderly residents, improving community integration and quality of life.
- Reported health and social concerns to senior staff, enabling prompt attention and resolution.
- Coordinated community social events, creating positive, fulfilling experiences for attendees.
- Delivered effective counselling services to individuals in need, providing coping strategies to successfully navigate difficulties.
- Conducted community outreach programmes, promoting health and wellbeing initiatives to targeted groups.
- Monitored and evaluated service user progress, adjusting recovery programme as necessary to meet desired outcomes.
- Offered therapeutic interventions and counselling for improved mental and emotional support.
- Assisted in local Immunization programmes such as BCGs etc
- Administration of various medications and routes.

-----Skills-----

- Clinical reasoning
- Shift coordination
- Patient health education
- Complex medical care
- Admission & Discharge procedures
- Medication administration
- Analgesia control
- Catheterisation
- Excellent communicator
- Outstanding patient care
- Excellent patient care and interventions
- Mentorship to student nurses
- adaptability and team player
- liasion skills
- A flexible, adaptable and lifelong learner

-----Education and Qualifications-----

British Council
International English Language Testing System (IELTS
Academic)
June 2021-Date.

Speaking 7.0
Listening 6.0
Reading 5.0
Writing 5.5
Overall score of 6.0

Ebonyi State University
Bachelor of Nursing Science Degree
Abakaliki Local Governemnt, Ebonyi state Nigeria
From Sep 2009-Oct 2017
Skills, Roles and Responsibilities

- Awarded BSC (Hons) and NMC pin to practice
- Attending classrooms and various placement opportunities

- Completing assessments
- learning from various mentors
- Participating in research programmes such as tropical diseases peculiar to various communities for example Silicosis

Secondary Education Certificate.
Ugwulangwu Secondary School
Ugwulangwu, Ebonyi State Nigeria
West African Examination Council, & GCSE

-----**Hobbies and Interests**-----

Football (Chelsea Fan)
Visiting various places and meeting people of different culture

-----**References**-----

To be given on request.