
PRAKRITI SHRESTHA

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127 WOY WOY RD, WOY WOY NSW 2256

Professional Summary

Patient-focused and empathetic registered nurse seeking position with growing medical practice . Experienced staff nurse in Nepal with over 1 year of experience in Medical Field. Organised and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

Education and Training

Degree

- Pcl nursing (Proficiency Certificate Level in nursing) - from Star Academy Lalitpur - 2023 passed year- 84.61%
- Registered Nurse in Nepal Nursing Council; at 6th August ,2023
- Registration number; 75941

Training

- Age Care and Disability Certificate IV at Australian Community College- July 2024

Work Experience

At post of staff nurse;Best Dental Pvt. Ltd (Tokha-10, Samakhushi,Kathmandu)

- Works as Dental Assistant Nurse(from September 1, 2023 to February 29 2024)

Experience as a Dental Assistant Nurse

- Assisted Dentist with variety of procedure such as fillings, extraction and root canals.
- Prepared and sterilized dental instrument and equipment.
- Educated patients on proper oral hygiene and preventive care.
- Scheduled patient appointment and maintained patient records.

Placement;Thompson Health Care, Hillview House Nursing home(45 Hillview Street, Woy Woy, NSW

- Completed 120 hours of placement

Experience ; Placement as an Asisstant in Nursing

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- Learned to delivered nursing related service under supervision of Registered Nurse and Personal carer.
 - Learned to provide daily activities to patient by serving meals, feeding , ambulating and positioning resident.
 - Applying WHS legislation and code of practice including duties and responsibilities for all parties under general duties.
 - Observed handover, documentation and recording data such as progress nite, incident report form, fluid balance charts, bowel charts and behavioral charts, supported assisted in providing clean, comfortable, safe and secure environment for residents.

My Skills

- Communication skills
- Quick Probelm Solver
- Patient care and safety
- Grooming and bathing assistance
- Helping with medication administration
- Collecting vital signs
- Monitoring intake and output chart of resident

References

- Australian Community College
Niranjan Prasai (Manager)
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- Thompson Health Care, Hillview House Nursing home
Sarah Buckon (Registered Nurse)
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