

# HARIMAYA CHHANTYAL



harimaya.chh02@gmail.com



0414789059



16 Keating Street, Lidcombe,  
NSW 2141



[Bold Profile](#)

## PROFESSIONAL SUMMARY

Empathetic Care Worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents. Offers enhanced care with flexible learning approach for patients. Experience in hospital and in-home settings providing guidance and encouragement to patients through physical and emotional support. Skilled Care Provider assisting elderly, convalescents, or persons with disabilities with daily living activities in-home or within care facility. Keep house by making beds, doing laundry, washing dishes and preparing meals. Advise families and healthcare team regarding health concerns, nutrition, cleanliness and household activities.

## SKILLS

- Medication administration
- Time management
- Toileting support
- Emotional resilience
- Nutrition monitoring
- Meal preparation
- First aid knowledge
- Conflict resolution
- Effective communication
- Empathy and understanding
- Active listening
- Personal care assistance
- Record keeping
- Basic housekeeping
- Problem-solving abilities
- Compassionate care
- Behavior management
- Feeding assistance
- Documentation
- Mobility assistance
- Team collaboration

## EDUCATION

**Southern Academy of Business And Technology**

Sydney, NSW • Expected in 05/2025

**Diploma:** Mortgage Broking  
Management

**Carer Institute Australia**

Sydney, NSW • 01/2023

**Certificate IV:** Aged Care

## WORK HISTORY

**Thompson Healthcare - Care Assistant**

*Tarragon House, 107 Karalta Rd, Erina, NSW 2250 • 05/2023 - Current*

- Improved patient comfort by providing compassionate and attentive care, addressing individual needs and preferences.
- Enhanced patient recovery by assisting with daily activities such as bathing, dressing, and grooming.
- Promoted a safe environment for patients through regular monitoring of vital signs and reporting any abnormalities to medical staff.
- Supported rehabilitation efforts by helping patients perform prescribed exercises and follow personalized therapy plans.

## ADDITIONAL INFORMATION

**Reference**

**Registered Nurse**

Manju Khadka Sunar

0433951593, Concord Community Village RFBI (Rhodes)

**Enrolled Nurse**

Salina Lama

0433957205, Thompson Tarragal House( Erina, Gosford)

**Team leader**

Rashmi Pandey

