

Jeyeshmon Manakalkudiyil Varghese



15 Nellis Street,

Batlow,

NSW-2730

Australia

0419779838

jeyeshmon1981@gmail.com

Languages Known : English, Hindi, Malayalam

D.O.B : 03-08-1982

Profession : Registered Nurse

Years of experience : 14 years

ACADEMIC QUALIFICATION:

QUALIFICATION	INSTITUTION	YEAR
H.S.E.	St. Thomas Matriculation HSS Ayyankolly	March - 2001
S.S.L.C.	MHSS-GUDALUR	March - 1999

PROFESSIONAL QUALIFICATION:

QUALIFICATION/REGISTRATION	INSTITUTION	YEAR
Professional Registration	N.D.R.K. Institute of Nursing	2014
Professional Registration	Karnataka Nursing Council	2005
Diploma in General Nursing & Midwifery	Kerala Nursing Council, India	2001-2004

INSERVICE EDUCATION:

COURSE	HOSPITAL	YEAR
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Basic Life Support, Manual Handling, Infection Control, First Aid	Harbison Care, Burradoo, NSW, Australia. 2576	2018
Basic Life Support, Manual Handling, Infection Control, First Aid	Care UK, Weybridge, Surrey UK.KT13 8HQ	2012
Basic Life Support	Midmac Contracting Co. WLL. Doha-Qatar	2009
Basic Life Support	Poona Hospital & Research Centre, Pune Maharashtra	2006
Continuous Nursing Education Programs	Poona Hospital & Research Centre, Pune Maharashtra	2004

EXPERIENCE DETAILS:

PERIOD	INSTITUTION	DESIGNATION	DEPARTMENT
15 August 2022- 05 April 2024	Ferrars Hall Care Home (Country Court) 14,Ferrars Rd, Huntingdon,PE29 3AA	Assistant in Nursing	Residential care
08 February 2020 -25 June 2022	Care and Cure Medical services,Trivandrum,Kerala ,India.	Registered Nurse	Acute, Aged care
05 December 2014 -29 august 2018	Harbison Care, Burradoo, NSW, Australia.	Assistant in Nursing	Aged care-Geriatric, Dementia care.
15 th April 2012 -28 th June 2013.	Care UK Nursing Home,Weybridge,Surrey, United kingdom.	Assistant in Nursing	Dementia care.



26 th February 2009- 4 th August 2011.	Midmac Contracting Co. WLL. PB No -1758, Doha-Qatar.	Registered Nurse	First aid and emergency care,
11 th December 2004 - 17 th December 2006.	Poona Hospital & Research Centre, Pune Maharashtra.	Registered Nurse	Medical & Surgical Intensive Care Unit.

CAREER OBJECTIVE:

To serve mankind and to render my services wherever needed. To gain and impart knowledge of Modern Medicine.

- To develop long-term career with any Multi Specialty Hospital who recognizes hard work, sincerely and honesty.
- To get a challenging job in nursing this improves my nursing care and knowledge.

CASES FOR WHICH NURSING CARE IS GIVEN BY ME:

- **Neurological:** CVA complications, epilepsy, dementia, polyneuropathy, TIA Bell's Palsy, Parkinsonism, Meningitis, encephalitis, brain, Haemorrhages Multiple sclerosis, myasthenia gravis.
- **Endocrine:** Hyper and hypo thyroidism, Cushing's syndrome, Diabetes, mellitus, ketoacidosis, thyrotoxicosis and other complication.
- **Rheumatological:** Patients with arthritis, cervical spondylitis, ankylosing spondylitis, gout, SLE, Sjorgrens syndrome, bursitis, osteoporosis, osteomyelitis.
- **Respiratory:** URTI, LRTI (bronchitis, pneumonia), obstructive sleepapnea, bronchiectasis, asthma, tuberculosis, Ca lung, Pleural Effusion, respiratory failure, COPD, tracheotomy.
- **Infectious:** HIV, Retrovirus, MRSA, Herpes simplex, gram+ive and –ive bacilli, fungal infections, malaria, chicken pox, typhoid, syphilis.
- **Gastro-intestinal Tract:** Gastritis, gastric, Duodenal and peptic ulcers, alcoholic liver disease, hepatitis A and B, hepatic encephalopathy.
- **Nephrology and Urology:** Renal failure (acute & chronic), ESRD, Renal Calculi, UTI, Post TURPP case.

- **Post operative cases:** Orthopaedic, gastro, vascular, renal, uro, general surgeries, ophal, ENT, and plastic surgeries.

NURSING RESPONSIBILITIES

- Provide first aid care and give reassurance to the patients.
- Assessing, planning and implementing nursing care to assigned patients according to their needs.
- Assisting for ADL's.
- Provide needed care to dependent as well as independent patients.
- Provide full nursing care to elderly and bed-ridden patients.
- Monitor vital signs.



Blood extractions.

- Proper administration of medicines and documentation.
- Proper administration of IV fluids, IV antibiotics IV & 1M, S. C. Injections according to doctor's order and hospital protocols and proper documentation.
- Administration of blood and blood products.
- Monitor blood and urine sugar and administer insulin as per order.
- Ward-urine analysis.
- Collecting samples, proper labelling and sent to lab.
- Isolation precautions and infection control.
- Measure intake and output whenever needed.
- Use side rails for safety at risk of fall and confusion.
- Insertion of nasogastric tube and administer drugs and feed.
- Care for subclavian, jugular, central line and peripheral lines.
- Insertion of Foleys catheter and catheter care.
- Tracheotomy care.
- Perform ECG.
- Nebulization and O2 Therapy administrations according to O2 saturation.
- Apply special mattress for the patient who have high risk of pressure sore.
- Frequent changing of position for patients who are confined to bed.
- Helping to meet the physical and emotional needs, especially elderly patients.
- Provide high quality nursing care and psychological support.
- Participate the ward round and carryout the orders for each patients.
- Assist doctors for all invasive procedure.
- Assisting for resuscitation and death care. ➤ Proper reporting of all procedures and patient's conditions.

- Inform site nurse manger about very sick patient.

- Inform staffing level to site nurse manager.
- Admission procedure and discharge procedure.
Health education, recording and reporting.
- Health education of relatives regarding the illness of the patient.
- Taking part in ward meeting.
- Taking part in service classes.
- Keep in contact with physiotherapist, occupational therapist, medical social worker, dietician, speech and language therapist and all other Para medical staffs.
- Answer the phone inquiry from patient's relatives.
- Order the drugs, injections and all things for stock-IV, and blood giving sets, plaster, dressing materials IV fluids, syringes, gloves, feeding sets, etc.
- Maintain MDA drugs according to hospitals policy and order to pharmacy and collect as per policy.
- Check expiry date of all injections.
- Maintain emergency trolley – make sure all suction apparatus, feeding pump, syringe pump, infusion pump, defibrillator, dynamap etc., all in good working condition.
- Coordination and co-operation with other workers.

REFERENCE:

TESMI THOMAS (LINE MANAGER)

Harbison care

2 Charlotte Street

Buradoo

NSW, Australia, 2576

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[m](#)

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Ms. JOLY JOHN

DEPUTY NURSE

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Huntingdon

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DECLARATION:

I hereby declare that the above furnished information is true and correct to the best of my knowledge and belief.

Place: Batlow

JEYESHMON VARGHESE