## Contact

**Phone** 0426 241 615

Email sonythapa2073@gmail.com

Address 17 Endeavour Circuit, Mossvale, 2577 NSW

## Education

(Jan 2020 to Dec 2021) Master of Social Work Australian College of Applied Psychology

(2015-2018) Bachelor of Social Work K&K International College, Nepal

(2013-2015) Higher Secondary Education Liverpool International College, Nepal

# Certifications

NDIS Worker Orientation Module (NDIS Commission)

First Aid Training (CPR & Manual Handling)

**Certificate III in Individual Support** (Ageing and Disability)

# Language

English

Hindi

Nepali

### Sony Thapa Chhetri

WWCC: WWC2095409E | NDIS Worker Code: 46937115

# **Career Objectives**

Compassionate and driven social work professional with hands on experience in community services, client support, and event coordination. Proven ability to support vulnerable populations including the elderly, homeless, and youth. Skilled in communication, research, digital tools, and collaborative care planning.

## Experience

Assistant in Nursing (AIN) – Aged Care March 2025 – Present Harbison Retirement Village, Mossvale, 2577, NSW

- Provide personal care including showering, dressing, grooming, and toileting for elderly residents
- Assist residents with mobility, transfers, and use of mobility aids
- Monitor and report changes in physical and emotional health to nursing staff
- Support residents with meals and hydration, including feeding assistance if required
- Maintain accurate documentation of care activities and observations
- Work collaboratively with nurses, allied health professionals, and other staff to implement individualized care plans

### Student Intern – Field Education 1 Jan 2021- May 2021

- Christian Community Aid, Eastwood , 2122, NSW
- Provided holistic, wrap-around support tailored to client care plans
- Participated in intake assessments, observed care plan preparation
- Supervised client-centered activities (e.g. Yoga, exercise classes, outings)
- Trained clients to use Zoom for remote group participation
- Escalated care needs and service changes to customer care consultant
- Participated in weekly service gap analysis discussions
- Managed client communications and assisted with correspondence

### Student Intern – Field Education 2 Sep 2021- Dec 2021

#### Nova Group & Catholic Care, Diocese of Broken Bay, Australia

- Developed volunteering programs supporting homeless individuals
- · Conducted outreach via social media and community visits
- Researched government and nonprofit support services in Sydney
- · Created empowerment plans and weekly engagement activities

#### Trainer

#### Jan 2018 – Jan 2019

#### TC Star, Nepal

- Taught monocursive handwriting to rural students
- Delivered teacher training sessions
- Provided counselling to youth from difficult backgrounds
- Developed educational projects to empower underserved communities

#### References

Available upon Request