Bishnu Devi Sapkota Kandel

0414966025 LOT 112 Muster Street, Austral NSW 2179 <u>bishnukandel1987@yahoo.com</u> Gender: Female

Career Profile

10 years of experience in the national and international hospitality sector. 6 years of experience in professional cleaning.

I want to expand my skills and knowledge to the best possible extent. I have been working well on my initiative and as a team.

ACADEMIC AND TRADE QUALIFICATION

- Completion of year school leaving certificate (SLC) (2004)
- Completion of tailoring skills in Nepal (2012-2015)
- Women Volunteer Health Care in Nepal (2006-2016)
- Certificate III in Individual Support (Ageing and Disability)

Work Experience

Cook at Bateau Bay Hotel (2016 November - 2018 March)

- > Regulation and operating ovens, grills and other cooking equipment.
- > Preparing, cooking and seasoning food.
- > Storing raw food and cooked dishes within recommended.
- Estimating food needs, and reviewing inventory to ensure adequate supplies are available.

Cleaner at HammondCare Greenwich Hospital (2018 May - 2020 March) Cleaner at HammondCare Braeside Hospital Fairfield (2020 March - Till date)

- > Performed various cleaning actions such as dusting, sweeping, and Vacuuming
- > Performed and tracked routine inception.
- > I followed all health and safety regulations.
- > Proper utilisation of chemicals.
- > Cooperated with all the rest of the staff.

Cleaner at Dimeo Cleaning Service (2021 December - 2023 February)

- ➤ Mop and disinfect floors
- > Self-disciplined hard worker and organised
- Emptied wastebaskets and transported other trash and waste to disposal areas.

AIN at Homewood Aged Care (2023 February - Till Now)

- > Taking care of many residents
- > Walking, feeding, showering and making sure the residents are hygienic

References:-

- ★ Bateau Bay Hotel (0243328022)
- ★ HammondCare Greenwich Hospital (0299038333)
- ★ HammondCare Braeside Hospital (1300225013)
- ★ Dimeo Cleaning Service (0296988400)
- ★ Homewood Aged Care (02 9503 1800)