

BIPLOB BAJRACHARYA

1 Clarence Street, Strathfield, NSW 2135

0450874618 | bajracharyabiplob@gmail.com

PERSONAL STATEMENT

A self-motivated aged care assistant who can successfully complete all assigned tasks with little or no supervision. A qualified, hardworking, and committed professional with a welcoming demeanor and a willingness to meet all of the needs of the residents. I have a track record of developing excellent relationships with patients, their families, physicians, and other medical professionals.

SKILLS

- Active Listening
- Work in a team and independently
- Highly responsible and reliable
- Works well under pressure
- Customer and personal service
- Maintain professional relationships
- Multitasking
- Preventing medical mishaps.
- Knowledge of medical terminology.
- Efficient written and documenting skills.

OTHER SKILLS AND TRAINING

- Manual Handling
- Dementia Handling
- First aid and cpr

WORK EXPERIENCE

Christian Brethren Community Services, Cherrybrook (Sept 2023-Running)

- Assisting residents with their personal care needs such as showering, toileting, shaving, oral hygiene, dressing and eating.
- Assists residents to transfer from bed to chair
- Assists residents to change position in bed
- Assist resident with oral hygiene, brushing teeth, and cleaning of dentures.
- Maintaining correct and detailed residents' records
- Providing domestic services in the residential facility including food handling, laundry, cleaning and other tasks as instructed by the Registered Nurse
- Observation of basic skin integrity and reporting skin condition to the nurse.
- Following therapy plans such as interventions to help those with dementia and behavioral problems.
- Preparation of table over bed or chair Assist with cutting up food and opening packages on meal tray
- Observing and reporting changes in residents' condition.
- Helping with rehabilitation exercises, basic treatment and delivering medications.
- Respects the right and dignity of residents.
- Assists resident with showering, bathing, and bed washes.
- Assist with dressing and grooming of patients.
- Records fluid intake to fluid balance chart
- Reports any abnormalities to the Nurse.

CERTIFICATIONS

- **Certificate III in Individual Support** (Ageing and Disability) from Prism Education and Visa services. Suite 611, Level 6, 321 Pitt Street Sydney, NSW 2000

Achievements:

- Highly appreciated for my demanding work and efforts wherever I had worked.
- Highly appreciated by the trainer/assessor for my class performance.
- Highly appreciated at my work placement for my quick learning attributes & positive attitude..

PERSONAL INFORMATION

- Date of birth: 24/10/1998
- Nationality: Nepali
- Language skills: English, Nepalese, Hindi
- Attributes: Motivated, Skillful, Energetic, Enthusiatic, Disciplined, Cheerful
- Education : Masters of information Technolgy , University of Technology Sydney.(Current)

REFERENCES

Sabbu Shahi (Registered Nurse)

0436024919

sshahi@cbcs.com.au

Ranjita Karki (Registered Nurse)

0432402097

rkarki@cbcs.com.au

Sushil Ghimire (carer)

0416197387

ghimiresushil007@gmail.com