

**Binita Khadka**

**0415665824**

**Email: khadkabinita064@gmail.com**

## **CARERPROFESSIONAL**

Assists individuals with daily tasks and activities.

### **PROFESSIONAL PROFILE**

- Care worker/support worker aged care @ Hall and Prior, (Braemar Village), Willage.

### **KEY AREAS OF ABILITY**

- Working effectively with other caregivers, healthcare professionals, and family members to provide comprehensive care.
- Ability to assist with mobility, including transferring individuals from bed to wheelchair, helping with walking, and ensuring safety to prevent falls.
- Assisting with daily activities such as bathing, dressing, grooming, and toileting, while respecting the individual's dignity and privacy.
- Knowledge of safety protocols, first aid, and emergency procedures to respond effectively to accidents or medical emergencies.

### **HIGHER EDUCATION**

**CHC33015 - Certificate III in Individual Support (Ageing and Disability) 2024**

**Masters of Professional Accounting 2024  
Feb - Present**

### **TRAININGS**

- Manual Handling
- First aid training
- Food, health and safety training
- Dementia Handling

### **PROFESSIONALWORKING EXPERIENCE**

**INTERNSHIP/WORK PLACEMENT March 2024 - April 2024  
Hall and Prior (Braemar Village), Willage**

### **SKILLS**

- Experienced in providing daily living assistance, including personal hygiene, mobility support, and meal preparation.
- Adapt at offering emotional support and building trusting relationships with residents.
- Skilled in balancing multiple tasks and responsibilities efficiently.
- Strong verbal and written communication skills, with the ability to collaborate effectively with healthcare professionals and families.
- Knowledgeable about diverse cultural and personal preferences, ensuring respectful and individualized care.
- Capable of addressing unexpected issues and adapting care plans as needed.

### **ACHIEVEMENTS**

- Appreciated at my work for my quick learning attributes and making good relationship with colleagues.
- Highly appreciated by the management and residence for my contributions and support

### **INTEREST**

- Working for the community and society
- Dancing, singing and listening to music
- Socializing in group

### **REFERENCE**

**Lizzy Sekereti (Registered Nurse)**  
**0499835243**