

BINIJA BOLAKHE

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Summary

Compassionate Personal Care Assistant with hands-on experience providing companionship and emotional support to residents. Well-versed in accurately documenting vital statistics and health metrics. Committed to creating positive rapport with patients and providing quality patient care.

Professional Profile

Disability Support Worker | JK Home Care - Granville, NSW | 12/2023 - Current

- Provided direct care and support to clients with disabilities, including physical, intellectual, and developmental disabilities, promoting their autonomy and well-being
- Assisted clients with activities of daily living, such as bathing, dressing, and grooming, while promoting independence and dignity
- Provided emotional support and companionship to clients, fostering positive relationships and social connections
- Monitored clients' health and well-being, managed bowel care, executed manual handling tasks, administered medication and recorded vital signs as needed
- Advocated for clients' rights and facilitated access to community resources and services, ensuring their inclusion and participation in social activities and events. Conducted continual clinical assessments of clients
- Performed catheter care
- Delivered personal care, including skin integrity management and pressure area care
- Assisted alongside the Support Worker with activities of daily living (ADLs)

Assistant In Nursing- Under Supervision | Hardi Age Care - Seven Hills | 11/2023 - 12/2023

- Provided compassionate care and support to elderly residents in a residential aged-care facility
- Assisted residents with activities of daily living, including personal hygiene, grooming, and dressing
- Administered medications accurately and followed care plans
- Maintained residents' records and documentation using computerised clinical management software
- Fostered positive relationships with residents, families, and team members to create a supportive community environment
- Collaborated with the care team to develop and implement individualised care plans
- Demonstrated flexibility by working various shifts across the week as needed
- To fulfil duties as allocated and prepared to alter routines to meet the changing needs of the residents
- To work cooperatively as a team member and support new and less experienced staff
- To maintain appropriate hand-washing techniques
- To follow correct Manual Handling Procedures.

Higher Education

Queensford College | Parramatta, NSW | Expected in 10/2025

Diploma in Nursing

Supreme Education And Training PTV LTD | 12/2023

Certificate III in Individual Support

Certifications

- Certificate III in Individual Support
 - Current flu and COVID-19 vaccinations
 - National Police Certificate
 - NDIS worker screening check
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Achievements

- Highly appreciated for my hard work and efforts wherever I worked
 - Highly appreciated my work placement for my quick learning attributes
 - Highly appreciated by the management and the clients for my contributions and support
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Key areas of ability

- Have Patience, Compassion and empathy
 - Excellent interpersonal skills and problem-solving skills
 - Ability to build connections and foster relationships with residents
 - Proficiency in using computer and computerized clinical management software • Strong communication skills, both verbal and written
 - Ability to follow care plans and directives accurately
 - Flexibility and availability to work various shifts across the week
 - Team player with the ability to collaborate effectively within a multidisciplinary team
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Hobbies and Interests

- Working for the community and society
 - Aged care, disability care and childcare
 - Basic computers with administration roles
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Training

- Manual Handling Training
 - Infection control and hand hygiene
 - Incident/Accident/Hazard Management Training
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Languages

- English

- Nepali
- Hindi

Reference

Name: Laxmi Khadka
Position: RN
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Name: Raju Acharya
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