# **BIMALA SHRESTHA**



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Sydeny,NSW, Australia

LOOKING FORWARD TO BE A VALUABLE TEAM MEMBER OF YOUR RENOWNED COMPANY

# CERTIFICATIONS

- Certificate III in individual support and disability
- HLTAID011 Provide First Aid
- Manual Handling Training and demonstrated competency
- 'Quality, Safety and You' NDIS Worker **Orientation Module**
- The Basics of Infection Prevention and Control
- Hand Hygiene Hand Dermatitis Online Learning Module
- Police Check Certificate
- Complete Vaccination Certificate.

# SKILLS

- Patient Care
- Health Monitoring
- Support for Residents
- Communication and Collaboration
- Safety and Infection Control
- Accurate Record Keeping

### REFERENCES

NIRANJAN PRASAI

Training Manager/Trainer **OSCAR TRAINING CENTRE** Ph. No: 0451 995 201 prasainiranjan2014@gmail.com

### KALIKA SHRESTHA , RN Mob: 0451300062

**Registered Nurse at Estia Health** 

ROUMUKA TAKI, ADMIN Sinka Nurse Pvt. Ltd. Tel: +81 03-5159-1212 Mail: roumu@sinkanurse.co.jp

# in

linkedin.com/in/bimala-shrestha-981176238

# About Me

Seasoned team member with the passion of building high performing teams to pursue a collective goal. Skilled in bonding with senior leadership to develop quality performance and drive operational success. Confident in ablility to impact success at all levels of organizaitons.

Dedicated to wellbeing of teams and patients with hygenic diet and proper exercise with the works.

# **Experience**

#### シンカナース (Sinka Nurse, Japan) 20 April 2022 - 31 March 2023 Nurse Assistant

Roles and Responsibilities

- Coordinate nurses to complete their tasks like filing the records of patients.
- Help Patients with their activities dressing, bathing toileting and refreshing.
- Support dietary plans by helping with a meal plan and distributing it.
- Prepare the rooms for the doctor's roundup.
- Change bedsheets and clean the rooms of the patients.
- Encourage the patients for their mental and physical growth.
- Develop solid bonding with staff and patients.

#### Intweb Network Pvt. Ltd. (1st April 2019- 28th Feb 2022)

#### Branch Manager, Tanahun Nepal

**Roles and Responsibilities** 

- Management and Sales
- Staffs management and mobilization.
- Account tracking and management.
- Sales and Marketing.

# **Education**

Bachelor of Microbiology 2013-2018 Tribhuwan University In this current situation, Microbiology study plays vital role in combating disease, creating medicine and chemical products for agritulture for better helth and happiness for the people's life.

Applied Science 2012-2013 Saptagandaki Multiple college

Studied the physics and chemestry basics. Basic laboratory tests and got clear ideas.

### COMPUTER SKILLS

Proficient in MS Office (MS Word, MS Excel, PowerPoint), Outlook, Teams

### Visa status

Masters Student Subclass 500