

Bimal Sharma

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Compassionate and motivated individual with a strong interest in starting a meaningful career in aged care. Trained in personal care, mobility support, hygiene, meal assistance, and emotional support through a Certificate III in Individual Support. Known for being kind, patient, and respectful, with a natural ability to support others while promoting their independence and comfort. Holds current First Aid certification and a valid Police Check. Eager to join a caring team as a Personal Care Assistant or Assistant in Nursing to make a real difference in the lives of older people.

EDUCATION

CHC33015- Certificate III in Individual Support

Supreme Education and Training Pty Ltd, Lakemba, NSW – Dec 2023

Placement Experience (120 hours)

Beresford Hall ,1 Cranbrook Road, Rose Bay, NSW

- Help residents with personal care like showering, dressing, grooming, and toileting
- Assist with mobility including transfers using hoists and walkers
- Provide support during mealtimes and help with feeding if needed
- Communicate gently and respectfully with residents
- Give emotional support and build positive relationships
- Work as part of a team and follow instructions from nurses and care staff
- Record and report any changes in health, mood or behaviour
- Maintain high standards of hygiene and infection control

Master of Information Technology (Ongoing)

Kings Own Institute, Sydney – Expected Feb 2026

CERTIFICATIONS

HLTAID011 Provide First Aid

Supreme Education and Training Pty Ltd – Dec 2023

194 Lakemba Street, Lakemba NSW 2195

Food Handler Basics

NSW Food Authority - 2023

WORK EXPERIENCE

Customer Service Attendant

May 2023 – Present

Spit Roast Shop Kirribilli – Kirribilli, NSW, Australia

- Served customers with a friendly and respectful attitude
- Prepared and handled food safely and hygienically
- Took orders clearly and helped customers with special requests
- Kept the service area clean and followed all safety rules
- Worked well under pressure and supported the team during busy times

School Teacher

April 2017 – April 2019

Orchid School, Bharatpur, Chitwan, Nepal

- Created a caring and respectful environment for students
- Helped children learn through group activities and one-on-one support
- Maintained good communication with parents and staff
- Managed the classroom in a calm and patient way

SOFT SKILLS AND STRENGTHS

Empathy | Clear Communication | Active Listening | Patient | Time management | Teamwork
| Emotional Support | Cultural Sensitivity | Confidentiality | Positive Attitude | Reliability

REFERENCE

Available upon request