

Bibek Paudel

A: Auburn NSW, 2144

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Objective

A committed, hardworking, and self-motivated professional care assistant with a genuine interest and excitement for assisting and caring for the elderly. As a personal care assistant, I have considerable expertise in keeping a healthy and safe environment, broad understanding of fundamental nursing procedures, and a great track record of providing outstanding patient care. I'm presently seeking an AIN position with a firm that provides the best possible healthcare to its patients while also prioritizing employee development.

Key Areas of Ability

- Superior skills in reading and composing brief correspondence
- Exceptional decision-making and problem-solving skills
- High interpersonal and client service skills
- Strong skills in following verbal and written directions
- Good organization and prioritization skills
- Possess caring, courteous, and understanding disposition to patients, families, colleagues, physicians, volunteers, and visitors
- Excellent time management skills with a strong key of attention to detail • Possess leadership quality and team management skills that gained through working in a team
- Team-player with good coordination skills
- Quick learner with 'can do' attitude

- Proficient in using basic computer software (MS Office, Power Point)
- Aware of Occupational Health and Safety measure

Key Strength

- Confident, friendly, enthusiastic, adaptable, punctual
- Supportive team worker committed and responsible and experienced at multitasking in a variety of settings.
- Good combination of creativity & analytical skills with an energetic attitude and “getting work done” through persistence and a strong work ethic.

Education and Certificates

- Certificate III In Individual Support
 - Fully Immunized for Covid 19 (Booster and Influenza shot)
 - First Aid and Manual Handling Certification
- Bachelor of Computer Science from Tribhuvan University.
- Master of Information Technology at Australian Catholic University.(Feb 2025 - Present)

St. Catherine Seton Aged Care(Placement) (Jan 2025- Feb 2025)

Roles and Responsibility

- Assist in bathing and personal hygiene
- Dressing and grooming
- Mobility assistance, including transfers and walking
- Toileting and incontinence management
- Eating and meal assistance

- Coordinating with other healthcare professionals for specialised treatments •
- Monitoring and documenting the resident health status regularly • Document all care provided, including ADL assistance
- Update care plans as needed
- Ensure all staff members have access to current information

Availability

- Visa subclass 500 (work restriction with 24 hours per week)
- Availability: Part-time

REFERENCES

- 1) Bipana Kandel Panta (Registered Nurse)

Bipanakandel2020@gmail.com

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- 2) Kishor Pathak (Assistant In Nursing)

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