

Full Name: Bibek Thapa Chhetri

Phone Number: 0450241067

Address: 27 Lillywhite Circuit, Oran Park NSW 2570

e-mail id: bbkthapa5339@gmail.com

Objective:

I am a positive individual who loves teamwork and can effectively work under pressure. I enjoy working in the aged care sector and any related field, having completed my Certificate III in Individual Support (Ageing and Disability). I also have work experience in aged care hospitality and catering sectors. I can provide compassionate care to those in need and am well-prepared to support individuals with their daily personal activities, ensuring respect, empathy, and high-quality care.

Qualifications and Training:

- Completed Bachelor's Degree.
- Completed Certificate III in Individual Support (Ageing and Disability).
- Obtained First Aid Certificate.
- Flu Vaccination.
- Fully vaccinated against COVID-19
- Obtained NDIS Worker Check Clearance Number.

1. Work Experience at Aged Care:

I worked as a volunteer care worker at Columbia Aged Care Services in Strathfield and worked full-time as a care worker at Ashfield Baptist Home from November 2023 to May 2024.

Duties and responsibilities:

- Assisted with daily personal activities and mobility support.
- Provided compassionate care to residents.
- Implemented safe handling and transfer techniques.

2. Catering Attendant: casual

Dnata Catering and retail- at Domestic Airport

Assist with catering operations and ensure a high standard of service.

3. Hotel Service: casual

Carrington Centennial Care Limited, Grasmere, NSW

Assist in the kitchen area by supporting food preparation, meal delivery, making sandwiches, preparing slate plates and providing other services including laundry.

Skills:

- Served meals and assisted residents during meal time.
- Effective in assisted residents with mobility.
- Excellent communication skills in English.
- Proficiency in using full-body hoists and standing lifters.
- Gained experience in changing colostomy and urine bags.

Key Strengths:

- Reliable and positive attitude.
- Strong interpersonal skills; capable of developing effective relationships with clients and residents.
- Experience in multidisciplinary environments.
- Effective planning and organizational skills.
- Willingness to work flexible hours, including mornings, evenings, weekends, and holidays.

Driving License:

Full Australian driving license.

Work Availability: Can start immediately.

Full working rights: I have full work rights in Australia and am currently on a spouse-dependent visa, as my spouse is pursuing a Master's in Nursing. This visa allows me to work without any time restrictions.

References

Available upon request.