

Bandana Gurung

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Certified Nursing Assistant

Compassionate, dependable professional eager to assist the elderly and physically challenged individuals to enable them live dignified lives.

SKILLS

- ☐ Proven expertise in providing daily living assistance to residents of different ages.
- ☐ Demonstrated ability to develop and maintain positive relationships with residents.
- ☐ Competent at changing linens, providing personal care and assisting residents in transportation.
- ☐ Able to comply with clients' confidentiality and privacy standards.
- ☐ Vigilant professional who has effective progress monitoring skills.
- ☐ Knowledge of medical terminology and infection control procedure.
- ☐ Proficient in providing nutritional assistance to residents including serving and feeding.
- ☐ Excellent customer service and communication skills.
- ☐ Kind hearted and calm nature.

EMPLOYMENT HISTORY

Assistant In Nursing (September 2016 – May 2022)

Employer - Allambie Heights Village Pty Ltd, 3 Martin Luther Place, Allambie Heights NSW.

- ☐ Assisting residents with activities of daily living such as bathing, dressing and grooming.
- ☐ Transporting residents around from one place to another.
- ☐ Preparing residents for treatment.
- ☐ Maintaining a clean and safe working environment.
- ☐ Serving meals to residents and then monitoring their eating habits.
- ☐ Providing meal supplements and fresh drinking water as needed.
- ☐ Keeping resident's rooms and equipment clean, neat and orderly.
- ☐ Observing a resident's health concerns and reporting abnormalities to the nurse in charge.
- ☐ Generally assisting with resident's overall comfort.
- ☐ Carrying out a range of housekeeping duties.
- ☐ Updating resident records.
- ☐ Helping residents to walk and use a wheelchair.
- ☐ Medicate residents under the supervision of the nurse in charge.

Nursing Assistant – (August 2016 - September 2016)

Employer Name - Nursing Staff Australia, Level 3, Suite 17, 56 Neridah Street, Chatswood NSW 2067

Worked as an on-call Nursing Assistant across various Aged Care Facilities in Sydney performing various duties to assist aged care residents.

- ☐ Assisting residents with activities of daily living such as bathing, dressing, grooming, and toileting.
- ☐ Transporting residents around from one place to another.
- ☐ Preparing residents for treatment.
- ☐ Maintaining a clean and safe working environment.
- ☐ Serving meals to residents and then monitoring their eating habits.
- ☐ Providing meal supplements and fresh drinking water as needed.
- ☐ Keeping resident's rooms and equipment clean, neat and orderly.
- ☐ Observing a resident's health concerns and reporting abnormalities to the charge nurse.
- ☐ Generally assisting with resident's overall comfort.

- ☐ Carrying out a range of housekeeping duties.
- ☐ Updating resident records.
- ☐ Helping residents to walk and use a wheelchair.

Volunteer Aged Care Worker - 27 June 2016 – 8 July 2016.

Employer Name - Tallwoods Cornor, 1 Myra Street, Wahroonga, NSW 2076

- ☐ Provided personal care to residents with daily activities like clothing, grooming and toileting.
- ☐ Escorted residents to and from activities.
- ☐ Assisted residents with meals.
- ☐ Took and recorded vitals and prepared reports.
- ☐ Created a safe and healthy living environment for residents.

EDUCATION AND CERTIFICATION

Care Training & Consultants, 301 George Street, Wynyard, NSW 2000

Certificate III in Aged Care

CPR and First Aid

REFERENCE

Available upon request.