

BAIJANTI LAMA

✉ lamabaijanti100@gmail.com

☎ 0452115450

📍 Homebush, Australia 2140

PROFESSIONAL SUMMARY

Empathetic Care Worker with sensitive and compassionate approach to cultivating trusting, stimulating and varied lifestyle for residents. Offers enhanced care with flexible learning approach for patients. Experience in aged-care and in-home settings providing guidance and encouragement to patients through physical and emotional support.

SKILLS

- Patient Needs Assessment
- Medical Recordkeeping
- Personal Care Needs
- Personal Hygiene Assistance
- Patient Advocacy
- Resident Support
- Feeding Assistance
- Meal Planning and Preparation
- Infection Control
- Emotional Support
- Care Plan Implementation
- Mobility Assistance

EDUCATION

Supreme Education And Training Pty Ltd.

Sydney, NSW • 11/2023

Certificate III: Individual Support

Bajra International College

Kathmandu • 03/2023

Bachelor's of Business Studies

CERTIFICATIONS

- First Aid ft CPR
- NDIS Screening Check
- Working With Children Check
- Police Check

WORK HISTORY

Anglicare - Assistant in Nursing

Rushcutters Bay • 01/2024 - Current

- Promoted good oral and personal hygiene by aiding patients with shaving, bathing, and teeth brushing
- Checked patient vitals such as temperature, blood pressure, and blood sugar levels
- Documented patient information and care activities in electronic health record
- Reduced risks of patient infection and cross-contamination by cleaning and sterilizing equipment
- Helped patients with self-feeding and assisted feeding, based on individual needs
- Completed activities of daily living for patients unable to self-care, and assisted those with limited mobility in completing tasks
- Participated in fun group activities with patients to boost mood, improve overall memory, and provide light entertainment.

Beresford Hall - Certified Nursing Assistant (Placement)

10/2023 - 12/2023

- Reported unusual or urgent circumstances in patients' condition or environment immediately to nurse supervisor
- Wiped down equipment with proper cleaning products after each patient transport to reduce instances of infection
- Created positive patient experience by assisting patients with bathing, ambulating, feeding and personal and oral hygiene care
- Escalated changes in patient behaviour, condition and vital signs for prompt assessment
- Maintained excellent care continuity through collaboration with nurses and external healthcare professionals
- Cared with empathy and compassion to build positive patient and family relationships
- Worked alongside certified nursing assistants to check vitals and tend to patient needs.