

ANJU TAMANG

OBJECTIVE To leverage my exceptional communication and interpersonal skills, as well as my passion for providing high-quality patient care, in a dynamic environment as an Assistant in Nursing or Support Worker. Seeking a role with a quality service provider where I can continue to learn and gain knowledge in clinical nursing, while utilizing my extensive background in disability and aged care to offer compassionate care and assistance to clients, helping them achieve satisfaction and lead fulfilling lives.

- SKILLS**
- Demonstrated proficiency in adjusting seamlessly to dynamic environments, promptly addressing and accommodating residents' evolving requirements.
 - Skilled in providing empathetic and attentive care to senior residents, adhering meticulously to established protocols and benchmarks.
 - Exceptional interpersonal and communication aptitude, nurturing constructive rapport with residents, families, and peers alike.
 - Committed to maintaining pinnacle levels of professionalism, integrity, and ethical conduct across all facets of nursing responsibilities.

WORK HISTORY

HOME CARER (BLOOMFIELDS CARE SERVICES, AGENCY)

April 2024 -

- Supported elderly clients with daily living activities, including personal hygiene, grooming, and basic nursing care, while adhering to safe lifting and transfer techniques.
- Prepared and served meals and snacks according to specific dietary requirements, maintained cleanliness and hygiene in the home environment, and promptly communicated any changes or concerns to healthcare professionals.
- Provided companionship and engaged clients in meaningful social activities to enhance their emotional well-being and quality of life.

ASSISTANT IN NURSING, (BUPA AGED CARE, BEXLEY)

JUNE 2023 – JUNE 2024

- Assisted elderly clients with daily routines, including personal hygiene, grooming, and nursing care, while following safe lifting techniques.
- Served meals and snacks according to prescribed diets, maintained cleaning and hygiene standards, and reported any abnormalities or changes to the RN.
- Engaged and encouraged clients with social activities to promote well-being.

CLINICAL PLACEMENT (THOMPSON HEALTH CARE, WAHROONGA)

- 120 HOURS OF PLACEMENT

EDUCATION

Master of Business Administration (IMC, Sydney) (2022 – 2024)

**TRAINING &
CERTIFICATE**

- Certificate III in Individual Support
 - First Aid & CPR
 - NSW police Check
 - RSA and RCG
 - Manual Handling
 - Infection Control and Hand Hygiene
 - Dementia Handling
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REFERENCES

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