

REGILYN AUSTRIA

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OBJECTIVE

To land a job in any setting that offers a stimulating learning environment for providing support, deliver care, and follow safe work practices.

Looking for an entry level employment where I can develop my knowledge and expertise.

CERTIFICATE / CHECK

- FIRST AID & CPR
- WWCC
- POLICE CHECK
- NDIS WORKER CHECK

EDUCATION

Certificate IV in Ageing
Support & Diploma in
Community Services

2023 to present

Bachelor of Science in
Psychology

2015-2019

WORK EXPERIENCE

The Salvation Army

Nov 2023 - present

Care Service Employee

- Assisting patients with their personal care needs such as showering, toileting, shaving, oral hygiene, dressing and eating.
- Engage in housekeeping tasks such as replacing linens on beds, cleaning patient rooms and removing and replacing trash bags
- Work with dining room personnel to ensure that all residents get the correct meals and that all residents are able to eat
- Assisting patients with their mobility and communication needs.
- Observing and reporting changes in patients' condition
- Building effective relationships with patients through clear communication and empathy.
- Maintaining accurate and detailed resident's record

Smoky Cravings

Sep 2023 - Nov 2023

Kitchen Helper

- Keep the kitchen and food preparation areas clean and sanitized, including wiping down surfaces and equipment
- Help organize and maintain kitchen storage areas, such as shelves, refrigerators, and freezers
- Help with food service during peak times, which may include bringing dishes to the serving area or dining room
- Keep track of kitchen inventory and notify supervisors when supplies are running low
- Welcome and acknowledge customers as they enter the establishment

Chilli Basil

Oct 2023 - Nov 2023

Kitchen Helper

- Preparing meal ingredients for the cook, which includes washing, peeling, cutting, and slicing ingredients
- Assisting kitchen staff to unload food supplies from delivery trucks
- Set the tables and cleaned them after the guests left
- Neatly putting away all utensils, cooking instruments, dishes, and cutting boards in their respective places
- Mopping and sweeping the kitchen areas as required