

# Astha Gautam

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May Street  
Hornsby, NSW 2077

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Seeking an opportunity as Assistant in Nursing (AIN) in aged care nursing home where I can utilize my knowledge, skills, and abilities for delivering utmost required care to the residents.

## **Key Skills**

- To protect the rights of residents and ensure quality care is provided by maintaining resident's dignity and privacy.
- Maintaining cooperative and productive working relationships with all members of a health care team.
- Physically fit, with sufficient stamina and ability to lift or move resident and bulky equipment.
- Demonstrated ability to work well within a team environment as well as individually.
- Enthusiastic, knowledge-hungry learner and committed to excellence in my work.

## **Certificate and placement:**

- **Certificate III** in Aged Care: Elite Academy Australia, Hornsby, NSW 2077
- **Work placement:** Tallwoods Corner Aged Care Service, Wahroonga, NSW 2076  
From: December 2018 to January 2019 (120 hours)

## **Work Experience**

- **Greenwood Aged care, Normanhurst, NSW 2076**  
Certified Nursing Assistant (**Certificate III in aged care**)  
From: October 2023 till today
- **Frank Whiddon Masonic Homes, Hornsby, NSW 2077**  
Certified Nursing Assistant (**Certificate III in aged care**)  
From: October 2019 till July 2022
- **Pathways Killara Gardens, Killara, NSW 2071**  
Certified Nursing Assistant (**Certificate III in aged care**)  
From: February 2019 to till July 2020

## **Job Duties performed as an AIN**

- Assisted residents with their ADL's such as Bathing, Dressing, Transferring, Toileting and Eating.
- Worked as an ROA (Recreational Activities Officer) and assisted to provide various recreational activities to the resident.
- To report and document any changes in resident's health and well-being.
- To maintain hygiene/safety practices in accompanying caring tasks.
- To provide domestic services in the residential facility including food handling, laundry, cleaning, and other tasks as instructed by the Team Leader / Registered Nurse.
- Productive employee with solid work ethic who exerts optimal effort in successfully completing tasks.

**Trainings Undergone:**

- Infection Control
- First Aid Training
- Aged Care Funding Instrument (ACFI)
- Elder Abuse Training
- Continence Management and Assessment
- Fire Safety and Evacuation

**Key Responsibilities as an AIN:**

- Facilitate the empowerment of elder people.
- Maintaining daily records and reports.
- Assisted residents with Activities of Daily living.
- Ensured accurate documentation is complete for all patients.
- Provide support to people living with dementia.
- Meet personal support need.
- Provide individualised support and wellbeing.
- Support relationship with career and families.
- Communicate and work in health or community services.
- Work with diverse people.
- Work legally and ethically.
- Deliver care services using a palliative approach.
- Recognise healthy body system.
- Provide first aid.
- Follow safe work practices for direct client care.

**Interests/Hobbies**

- Shopping, Cooking, Travelling
- Singing, Dancing, Listening to music

**Residency Status and Availability**

- Permanent Resident
- Available immediately

**Reference**

Available upon request