
ASHMITA PANDEY



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26/1-3 RAILWAY PDE HURSTVILLE, NSW 2220

SKILLS

- Hard working
 - Work sincerely
 - Dedication on task
 - Excellent communication and interpersonal skills
 - Strong ability to provide compassionate care to elderly individuals
 - Proficient in administering medications and monitoring medication schedules
 - Skilled in assisting with activities of daily living
 - Commitment to high standards of work ethics
 - Capacity to acquire new skills and adapt to the new situation quickly
 - Dealing with difficulty or noncompliant clients
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CAREER OBJECTIVE

To obtain an aged care worker position where I can utilize my experience and skills to provide compassionate care to elderly individuals.

To better apply my theoretical as well as empirical knowledge to real world circumstances and help the organization I work for, to solve the problems and acquire further growth and success in the marketplace.

EXPERIENCE

- I have completed three weeks aged care support placement from Bupa Age Care Willoughby, 2068 NSW Australia.
- I have 5-year experience Jr. Assistance officer in financial institute - Gurkha Finance Ltd. Nepal.
- I am currently working as a production co-worker at Pepe Saya – Caringbah, NSW 2229 Australia.

Training Experience

- ⇒ Assist elderly residents with activities of daily living, including bathing, dressing, and grooming
 - ⇒ Monitor residents' health conditions and report any changes to healthcare professionals
 - ⇒ Provide emotional support and companionship to residents
 - ⇒ Administer medications and monitor medication schedules
 - ⇒ Collaborate with healthcare professionals, including nurses and physicians, to ensure comprehensive care
 - ⇒ Maintain accurate documentation of residents' care plans and progress
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EDUCATION AND TRAININGS

2015 – Intermediate

Vishwa Adarsha, Itahari Nepal

2022 - Bachelor Degree

Vishwa Adarsha, Itahari Nepal

2023 - Certificate IV in Aged Care

Global Education Institute, Campsie NSW

2023 - Bupa Aged Care

71 Sydney Road, Willoughby NSW 2068

Three Weeks Training (PLACEMENT)

REFERENCE

Pratikshya Karkee (RN)- Bupa Aged Care

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