

Ashmita Biswokarma

Assistant in Nursing (AIN)

0424 312 565

ashmitasahj@gmail.com

Sydney, Australia

PROFESSIONAL SUMMARY:

I am dedicated and genuinely care for others, with a strong work ethic and a passion for serving the elderly. Guided by professionalism and empathy, I strive to deliver top-quality care, standing out for my adaptability, communication skills, and accountability.

WORK EXPERIENCE:

Assistance in Nursing (AIN) / Casual

February 2024 – Present

Sister of our Lady of China – Alkira Gardens, Sydney

- Monitored patients for changes in their physical, emotional, and mental conditions, promptly observing and reporting any injuries. Administered medication following the prescribed care plan and directions, ensuring accurate and timely dosage.
- Assisted with meal planning and preparation to adhere to nutritional guidelines, supporting residents' dietary needs. Conducted laundry tasks for clothing and bedding, maintaining hygiene and preventing infection.
- Enhanced patient outlook and daily living through compassionate care, fostering a positive and supportive environment. Aided in enhancing mobility and independence for disabled individuals while continuously monitoring for safety.

KEY AREAS OF ABILITY:

- Enthusiastic, knowledge-hungry learner and committed to excellence in my work.
- Highly motivated self-starter who takes initiative with minimal supervision.
- Conscientious go-getter who is highly organized, dedicated, and committed to professionalism.
- Resourceful team player who excels at building relationships with clients and colleagues.
- Productive employee with solid work ethic who exerts optimal effort in successfully completing tasks.
- Can interpret non-verbal communication and verbal cues.
- Having a lot of energy and being able to deal with a physically demanding job.
- Able to work as part of a multidisciplinary healthcare team.

SKILLS

Elderly Care	First Aid	Mobility Assistance
Documentation	Communication	Dementia Handling
Manual Handling	WHS Handling	Interpersonal Skills

EDUCATION / TRAINING

- **Certificate III in Ageing Support and Disability**
Queensland Institute of Education
- Manual Handling
- First AID & CPR

Availability

Full Working rights and available on all weekdays and weekends

REFERENCES

Available upon request