

Ashish Gautam

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Address: 6/24 Belgrave Street, Kogarah 2217

CAREER OBJECTIVE:

I am a caring, compassionate, and responsible individual with a strong commitment to providing quality aged care so that the elderly can live with maximum dignity, comfort, and independence. Seeking a position as an aged care worker utilizing a strong background in service and a compassionate nature to provide excellence in resident care. Known for maintaining a safe, protected, tidy, and orderly environment for clients.

EDUCATION AND CREDENTIALS:

- Bachelor's Degree in Marketing
- Certificate III in Ageing and Disability
- First aid Training, Manual Handling Training
- Fire Safety Training

WORK EXPERIENCES

Helper in the Kitchen:

1. My Muscle Chief, 1 Norrie St, Yennora NSW 2161
2. Everest Tandoori Function Center, 1/422 Princes Hwy, Rockdale NSW 2217

Assistant in Nursing:

1. St Patrick's Green Aged Care, 40 Chapel St, Kogarah NSW 2217
2. Kopwa Limited, Archbold House, 12-16 Trafalgar Ave, Roseville NSW 2069

Work Roles

- Taking and recording resident's temperature, blood pressure, pulse, and respiration rates.
- Assisting resident with activities of daily living such as showering, bathing, dressing, grooming, and toileting.
- Determining a resident's needs and maintaining a clean and safe working environment.
- Serving meals to the resident, monitoring their eating habits, feeding them if necessary, and providing meal supplements as needed.
- Keeping resident rooms and equipment clean, neat, and orderly and progress note
- Observing resident's health condition & reporting abnormalities to the Registered Nurse.
- Providing general care and emotional support to residents.
- Assisting residents with their medications.

PROFESSIONAL PROFILE

- Able to develop good reports with residents and staff.
- Remain calm and can relate well to diverse cultured residents and staff.
- Able to work in a team to provide a safe and caring environment for residents.
- To assist residents to maintain their optimum degree of independence, dignity, privacy, confidentiality, and quality of life.
- To be an active participant in a continuous quality improvement environment

KEY SKILLS:

- Hardworking, punctual, Self-Motivated, and confident
- Team work as a player and am aware of ethical and legal issues in my profession.
- Interpersonal skills and time management
- Sound level of communication and interpersonal skills
- Basic Computer skills.

References

Harsha Lokuwithanage (Registered Nurse)

Kopwa Limited. Archbold House, 12-16 Trafalgar Ave, Roseville NSW 2069

Ph: 0423561838

Email: Hlokuwithanage@kopwa.org.au

Bhawana Khanal (Registered Nurse)

Kopwa Ltd. Archbold House, 12-16 Trafalgar Ave, Roseville NSW 2069

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Sabina Dhakal (Care Provider)

Kopwa Ltd. Archbold House, 12-16 Trafalgar Ave, Roseville NSW 2069

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