

Asha Sitoula Bhetwal

6/52 Saddington Street, St Marys, NSW, Australia

Phone: 0414209731 Email: [asa.sitoula01@gmail.com](mailto:asa.sitoula01@gmail.com)

Availability: Full time

**Specialties:**

- Experience with personal care capacities, full dedication and passion for caring
- Hands on experience in providing short term care and associate transition
- Thorough understanding of problems related to aged residents in terms of attitude and patience
- Good communication skills and initiative to develop tailored caring strategies
- Assisted with Medication (medication competency training from work place)

**Training:**

**Certificate III in Aged Care      2016**

**Global Education Institute      Campsie, NSW, Australia**

- Carried out activities to maintain personal care and/or other activities of living for people in an aged care setting
- Managed daily activities and care plans in accordance to the instructions
- Implemented interventions with aged residents at risk and guided them to safety

**First Aid Training**

Global Education Institute   Campsie, NSW

- Trained well on successfully treating common injuries
- Acquired and refreshed the theoretical and practical aspects of first aid

**Education:**

**Bachelor in Interior Designing**

Kantipur International College, Lalitpur, Nepal

**Experience:**

1. More than 4 years of work experience at Alkira Garden Nursing home, Miranda and currently working at Rsl life care, Kaleen
2. 100 hour Placement at Pacific Height Nursing home, Sylvania, NSW
3. Community work at Koshi Care, Jhapa, Nepal

**References:**

Ms. Andrea Xu

0430130214

andrea196705@gmail.com

Registered Nurse

Alkira Gardens Nursing home

Mrs. Leela Shrestha

0405006456

leelashrestha90@gmail.com

Registered Nurse

Alkira Gardens Nursing home

Ms. Resha Ghimire

0404043514

[Ghimireresha1991@gmail.com](mailto:Ghimireresha1991@gmail.com)

Registered Nurse

Rsl Life Care