

Arpana Gurung
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CAREER OBJECTIVE

I am seeking a position as a part time Assistant in Nursing where I can utilize my training and interpersonal skills to provide great quality care to residents as well as to enhance my skills in the field of nursing.

SKILLS AND CAPABILITIES

- Self-motivated team player with the ability to adapt to challenging situations
- Able to work under pressure and multitask
- Organized and quick learner
- Highly appreciated by my work placement for my quick learning attributes
- Exceptional communication and interpersonal skills, enhancing relationships with residents and colleagues.
- Possess strong organizational skills

QUALIFICATION

- Course in CH43015 certificate IV in Ageing Support
- First aid and CPR
- Higher secondary education from Prasadi Academy Jawalakhel , Nepal (2021-2023)
- High school education from St. Mary's High School Jawalakhel, Nepal (2011-2020)

TRAINING

- Manual handling
- Infection control and Hand Hygiene
- Continence management

DUTIES AND RESPONSIBILITIES

- Assist resident with all aspects of daily care, including bathing, feeding and dressing
- Observe and report any change in the client's condition or complaints about care to a supervisor
- Assist with rehabilitation exercises and basic treatment
- To support resident's choice/ decision making
- To protect the rights of resident and ensures care provided maintains residents' dignity and privacy
- To maintain workplace health safety environment
- To follow correct manual handling procedures

INTERESTS

Volunteering in social work, helping people, travelling, and making new friends.

REFERENCES

Cheryll Zolerick
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Nirmala Kandel
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