



ANUSHMA ANURITA PRATAP

Lot 9 Tuva Lane, Nuibasoga rd, Nuidamu rd, Tacirua East, Khalsa rd, Nasinu, Fiji Islands.
+679 8456188 | pratapanushma@gmail.com

Objective

To utilize my compassionate nature and excellent communication skills to provide high-quality care for elderly individuals in need, while maintaining a safe and comfortable living environment. My goal is to improve their quality of life and promote their independence, while adhering to industry standards and regulations.

Education

- Caregivers Services Professional Institute** 2023
Certificate III Aged Care
- Aptech** 2004
Certificate in Web Design
- Red Cross** Valid till April 2026
First Aid & CPR

Experience

- Father Law Home** Currently -
Support Worker for Elderly
 - Meal Preparation
 - Bathing
 - Toileting
 - Feeding
 - Bedding
 - Grooming & Personal Hygiene
 - Communicating
 - Cleaning ie. sweeping and mopping
- Damodar Brother Films** 2012 - 2016
Graphic Designer
 - Updating Website
 - Editing Videos
 - Designing Flyers
 - Creating Cinema Digital Board images
 - Daily Newspaper ads

Skills

- Personal care skills:** This includes providing assistance with bathing, dressing, grooming, and toileting.
- Medication management:** As an aged care worker I am able to administer medication, keep track of dosages, and manage medication schedules.
- Communication skills:** Ability to listen actively, speak clearly, and write effectively
- Time management:** As an aged care worker i am able to manage time effectively to ensure that we are able to complete our tasks and provide adequate care to our patients.
- Interpersonal skills:** Being able to work well with others, including patients, their families, and other healthcare professionals.

Reference

- Mrs Duvaga - "Caregivers Services Professional Institute "**
Facilitator
+679 8440246/ +679 7170669

- **Mrs Koroï - "Caregivers Services Professional Institute "**

Director

enquirycsi@hotmail.com

+679 8428213

- **Dr Riaz Ahemed Dean - "Deans Medical Clinic"**

General Practitioner

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