PERSONAL ATTRIBUTES

- ✓ Effective Communication Skills: Fluent communicator with an appreciation for the different communication styles required when working with other team members or with customers
- ✓ **Honest and Reliable**: Able to take on tasks with a degree of responsibility due to strong morals and ethics ensuring honesty and reliability
- ✓ **Flexible**: Understands the need to remain flexible to support last-minute demands and changes. Comfortable with changing environments and situations ensuring the ability to remain flexible and adaptable.
- ✓ **Time Management**: Dedicated to effectively prioritizing and managing time by allocating tasks and activities

Qualifications

I have completed my schooling (low secondary level) from Suryodaya English School with GPA 3.25 in the year 2019. Then I joined college in Nepal, Damak Model College and completed my 10+2 (Higher Secondary Level) from the same college with CGPA 3.22 in science faculty in the year 2020

<u>Certificate III in Individual Support:</u>

Elite College Australia

- Contribute to ongoing skills development using a strength based approach.
- Support community participation and social inclusion.
- Facilitate the empowerment of people with disabilities.
- Follow established person-centered behavior support.
- Facilitate the empowerment of older people.
- Provide home and community support service.
- Communicate and work in health or community services.
- Recognize healthy body system.
- Comply with infection prevention and control policies and procedures.
- Working with diverse people

- Provide individualized support
- Support relationships with carers and families
- Support independence and wellbeing.
- Follow safe work practices for direct client care.
- Work legally and ethically
- Meet personal support needs.
- Provide support to people living with dementia.

First Aid

Elite College Australia

- Provide First Aid
- Provide cardiopulmonary resuscitation.
- Provide basic emergency life support

EXPERIENCE

Australian Green Clean, Adelaide. Cleaning (Team Member, Flinders University)

- Providing high standard cleaning service
- Waste removal
- Stock Levels
- Deliver excellent customer service to visitors and staff
- Proper knowledge of different chemicals and their use

Spargo's Cafe Bar, Marion, SA Kitchen Hand

- Cleaning kitchen work surface.
- Handling the dishwasher (loading and unloading dishes)
- Re-stocking supplies
- Assisting the chef
- Disposing of waste in accordance

Torus Kebabs, Rockdale, Sydney NSW Customer Service

- Take customer's food and drink orders.
- Ensure that all orders are accurate and brought to each table promptly.
- Work closely with restaurant management to immediately address all customer concerns and create a pleasant dining experience.
- Assist with cutting salad and meat for the kebabs.
- Assist with setting tables and rearranging tables to accommodate larger parties.

Coles Service and Customer Care Coles, Maroubra, NSW

- Assisted customers with the product knowledge.
- Completing Sales and achieving targets.
- Working on a register handling EFTPOS and Cash.
- Handling phone calls and online orders.
- Recovering, Refreshing and Replenishing stocks.
- Receiving and Receipting deliveries.

REFERENCES

Rabin Thapaliya (Team member) Coles, McLaren Vale, Adelaide 0450 522 106 rabin.thapaliya777@gmail.com

Shadikshya Adhikari (Registered Nurse) Infinite Care, Christie's Beach, SA 045 222 1456 adhikarishadikshya1994@gmail.com

Shivani Thapaliya (Assistance in Nursing) Thompson Health Care, Wahroonga 0450602963 thapaliyashivani@gmail.com Subham Pokhrel (Coles Customer Service and Cleaning Team Member) 0450602916 suvampokhrel24@gmail.com