

ANURADHA SHARMA

CONTACT

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- 📍 Unit 36, 121- 133 Pacific Highway, Hornsby 2077

PROFILE SUMMARY

Compassionate and dedicated individual with hands-on experience supporting elderly clients in residential and home-based settings. Skilled in personal care, companionship, mobility assistance, and maintaining dignity and independence of residents. Holds Certificate III in Individual Support (Ageing & disability). Skilled in personal care, mobility assistance, and emotional support. Committed to providing respectful, safe, and client-focused care.

EDUCATION

AUSTRALIAN COMMUNITY AND MANAGEMENT COLLEGE

- Certificate III in Individual Support (Ageing & Disability)

KOKRAJHAR GOVT. COLLEGE

- Bachelor of English Literature (British & Commonwealth)

SKILLS

- Personal hygiene and grooming
- Manual handling and mobility support
- Medication reminders
- Dementia care
- Meal preparation and feeding
- Domestic assistance and cleaning
- Emotional and social support
- Accurate record-keeping
- Infection control procedures

LANGUAGES

- English: Fluent
- Nepali: Fluent
- Hindi: Fluent

WORK EXPERIENCE

Home Care Caretaker

2025 - PRESENT

- Supported elderly clients living at home with light housekeeping, meal prep, and shopping.
- Provided companionship, conversation, and emotional support.
- Followed individual care plans and communicated regularly.

Little Flower High School, Assam

2019 - 2025

Tutor

- Assessed student learning styles and adapted teaching methods for improved comprehension and engagement.
- Monitored student progress through regular assessments and feedback reports.
- Developed positive rapport with students and parents to ensure open communication and trust.
- Delivered complex information clearly and patiently, helping students build strong foundational knowledge.
- Increased student retention and engagement by implementing creative learning techniques.
- Successfully prepared students for selective school exams or university entrance assessments.